

# I'm Not Running Anymore

**Compte:** 32

**Mur:** 4

**Niveau:** Improver social cha

**Chorégraphe:** Leanne Nahrgang (FR)

**Musique:** I'm Not Running Anymore - Jason McCoy



## **CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE**

- 1-2 Cross rock left over right, rock back on right  
3&4 Side shuffle left, right, left  
5-6 Cross rock right over left, rock back on left  
7&8 Side shuffle right, left right

## **STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD, ROCK, FORWARD, BACK, COASTER**

- 9-10 Step forward on left, ½ turn pivot right weight on right  
11&12 Shuffle forward left, right, left  
13-14 Rock forward on left, back on right,  
15&16 Step back on left, step right beside right, step forward on left

## **CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE**

- 17-18 Cross rock left over right, rock back on right  
19&20 Side shuffle left, right, left  
21-22 Cross rock right over left, rock back on left  
23&24 Side shuffle right, left right

## **STEP FORWARD, ¼ PIVOT, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

- 25-26 Step forward on left, ¼ pivot right, weight on right  
27&28 Cross shuffle left over right, side right, left over right  
29-30 Side rock on right, rock side left  
31&32 Cross shuffle, right over left, side left, right over left

## **LEFT WEAVE, ¼ PIVOT, ½ PIVOT, ¼ PIVOT, SIDE RIGHT, STEP BEHIND, ¼ PIVOT**

- 33-34 Step side left, right behind  
35-36 ¼ turn pivot on left, ½ turn pivot on right  
37-38 ¼ turn pivot on left, step side right  
39-40 Step left behind right, ¼ turn pivot on right

## **FORWARD LEFT, ½ PIVOT, ¼ PIVOT, CROSS ROCK, BACK ROCK**

- 41-42 Step forward left, ½ turn pivot right, step on right  
43-44 ¼ turn pivot right on left, step on right  
45-46 Cross rock left over right, step back on right  
47-48 Side rock on left, step side right

## **REPEAT**

## **TAG**

At end of wall 2, after doing count 48, repeat counts 45-48, begin dance again

## **RESTART**

At beginning of wall 5, dance first 8 counts then begin dance again