

# Is You Is Or Is You Ain't

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Rick Bates (USA) & Deborah Bates (USA)

**Musique:** Ain't Nobody Here But Us Chickens - Asleep at the Wheel



## HEEL/TOE STRUTS, HEEL TAPS

- 1-2 Step forward on heel of left foot; step down onto ball of left foot
- 3-4 Tap left heel twice and shift weight to left foot
- 5-6 Step forward on heel of right foot; step down onto ball of right foot
- 7-8 Tap right heel twice and shift weight to right foot

## VINE LEFT WITH ¼ TURN, SCUFF, CROSS, STEP BACK, MODIFIED MONTEREY TURN

- 9-10 Step to the left on left foot; cross right foot behind left and step
- 11-12 Step a ¼ turn to the left on left foot; scuff right foot next to left
- 13-14 Cross right foot over left and step; step back on left foot
- 15-16 Touch right toe out to side; pivot a ¼ turn to the right on ball of left foot and step right foot next to left

## TOE TOUCHES, SIDE STEP LEFT, TOUCH, MILITARY PIVOT TO THE LEFT, MILITARY TURN TO THE LEFT

- 17-18 Touch left toe out to side; touch left toe next to right
- 19-20 Step to the left on left foot; touch right foot next to left
- 21-22 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 23-24 Step forward on right foot; pivot ¼ turn to the left on ball of right foot and shift weight to left foot

## STEP, SLIDE, STEP, SCUFF, TO THE RIGHT MILITARY PIVOTS

- 25-26 Step forward on right foot; slide left foot next to right and step
- 27-28 Step forward on right foot; scuff left foot next to right
- 29-30 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
- 31-32 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

## REPEAT

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