

# Inspirations

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Sam Armstrong (UK) & Ruth Armstrong (UK)

**Musique:** Christmas Inspirations - Dane Stevens



## 2nd Place in Dave Sheriff's Christmas Choreography Competition 2000

### SCUFF, STEP, TOE, HEEL (TWICE)

- 1-2 Scuff right foot forward and step slightly back on right foot
- 3-4 Touch left toe to right instep, touch left heel to right instep
- 5-6 Scuff left foot forward and step slightly back on left foot
- 7-8 Touch right toe to left instep, touch right heel to left instep

### CHASSE, CROSS, UNWIND, "DWIGHT" (RIGHT)

- 9&10 Step right to right side, bring left in place, step right to right side
- 11-12 Cross left over right, unwind ½ turn right
- 13-14 Touch right toe to left instep, twisting right heel to left side (traveling right)
- 15-16 Touch right toe to left instep, twisting right heel to left side (traveling right)

### MODIFIED ½ MONTEREY TURN, CHASSE, ROCK

- 17-20 Touch right to right side, cross right behind left unwind ½ turn to right, touch left to left side, step left across right
- 21&22 Step right to right side, step left in place, step right to right side
- 23-24 Rock back on left, forward on right

### GRAPEVINE, ¼ TURN, SCUFF, ½ PIVOT TURN, SHUFFLE

- 25-28 Step left to left side, cross right behind left, step left making ¼ turn left, scuff right foot forward
- 29-30 Step forward right, make ½ turn pivot to left,
- 31&32 Shuffle forward right, left, right

### HIP BUMPS (TWICE) ½ PIVOT TURN, COASTER STEP

- 33&34 Step forward left, bumping hips left, right, left
- 35&36 Step forward right, bumping hips right, left, right
- 37-38 Step forward left, make ½ turn pivot to right
- 39&40 Step left forward, step right forward, step left back

### HIP BUMPS (TWICE) BEHIND, UNWIND, COASTER STEP

- 41&42 Step forward right, bumping hips right, left, right
- 43&44 Step forward left, bumping hips left, right, left
- 45-46 Cross right behind left, unwind ½ turn to right
- 47&48 Step left back, step right back, step left forward

### REPEAT

---