

# In The Mood

**Compte:** 32

**Mur:** 1

**Niveau:** Improver

**Chorégraphe:** David Sinfield (UK)

**Musique:** I'm In the Mood for Dancing - The Nolans



---

## **FORWARD ROCK, SHUFFLE ½ TURN RIGHT, WALK LEFT & RIGHT, LEFT SHUFFLE**

- 1-2 Rock forward on right, replace weight onto left
- 3&4 Shuffle ½ turn right stepping right-left-right
- 5-6 Walk forward left, walk forward right
- 7&8 Step left forward, close right beside left, step left forward

## **STEP ¼ TURN, CROSS SHUFFLE, SIDE ROCK, SAILOR SHUFFLE**

- 1-2 Step right forward, pivot ¼ turn left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Rock left to left, replace weight onto right
- 7&8 Cross left behind right, step right in place, step left in place

## **STEP PIVOT, RIGHT SHUFFLE, STEP ¼ TURN, LEFT SHUFFLE**

- 1-2 Step right forward, pivot ½ turn left
- 3&4 Step right forward, close left beside right, step right forward
- 5-6 Step left forward, pivot ¼ turn right
- 7&8 Step left forward, close right beside left, step left forward

## **STEP, LOCK, AND, STEP PIVOT, STEP, LOCK, AND, STEP PIVOT**

- 1-2 Step forward right, lock left behind right
- &-3-4 Step forward right, step left forward, pivot ½ turn right
- 5-6 Step forward left, lock right behind left
- &7-8 Step forward left, step right forward, pivot ½ turn left

**REPEAT**

---