

# In The Middle

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Teresa Lawrence (UK) & Vera Fisher (UK)

**Musique:** In the Middle - Sugababes



## **KICK & POINT, TWIST TWIST KICK, COASTER STEP, SCUFF HITCH STEP**

- 1&2 Kick forward with right, replace weight on right, touch left toe to left side
- 3&4 Twist heels right, left, right to make a ¼ turn left ending with a small kick forward on left (9:00)
- 5&6 Left coaster step
- 7&8 Small scuff forward on right, hitch right knee, step forward on right

## **TAP TAP TURN, SCUFF SIDE STEP, LEAN REPLACE, BEHIND SIDE CROSS**

- 1&2 Tap left toe back, tap left toe slightly further back, make ¼ turn left & step left to left side (6:00)
- 3-4 Small scuff forward on right, step right to right side about shoulder width apart
- 5-6 Bending right knee slightly lean weight over right leg keeping upper body & shoulders straight, push body back over to left & do a small kick to right side
- 7&8 Step right behind left, small step to left side, cross right over left

## **ROCK & KICK CROSS, ROCK REPLACE, TOUCH BACK UNWIND, CHASSE SIDE**

- 1&2& Rock left to left side, replace weight on right, small kick forward on left, cross left over right
- 3-4 Rock right to right side & slightly back, replace weight on left
- 5-6 Touch right toe behind left, unwind whole turn right weight to finish on right (6:00)
- 7&8 Chasse left to left side

## **OVER BACK CHASSE SIDE, OVER ¼ TURN CHASSE SIDE**

- 1-2-3&4 Cross right over left, step back on left, chasse right to right side, right, left, right
- 5-6-7&8 Cross left over right, making ¼ turn left step back on right, chasse left to left side, left, right, left (3:00)

## **SKATE FORWARD RIGHT, LEFT, SHUFFLE TO THE CORNER, SKATE LEFT, RIGHT, SHUFFLE TO THE CORNER**

- 1-2 Skate forward on right, skate forward on left
- 3&4 Keeping steps close together shuffle slightly forward towards the right diagonal
- 5-6 Skate forward on left, skate forward on right
- 7&8 Keeping steps close together shuffle slightly forward towards the left diagonal

**Restart will come in here on first wall**

## **ROCK REPLACE ½ TRIPLE TURN, & STEP, HIPS OR SHOULDER ROLLS**

- 1-2 Rock forward on right, replace weight on left
- 3&4 ½ triple turn right, (option: 1 ½ triple turn right)
- &5 Step forward on left, step right up to left about shoulder width apart (9:00)
- 6-7&8 Bump hips to right, bump hips left, right, left weight to finish on left

**Option: bump hips left, right, left, right, left, right, left**

**Option 2 for hip bumps, on count 6 roll weight over onto right bringing right shoulder down, left shoulder up, on counts 7-8 shift weight over to left bringing left shoulder down & right shoulder up, weight on left**

## **SIDE BEHIND & DIG HOLD, & TOUCH & DIG & CROSS SHUFFLE**

- 1-2 Step right to right side, cross left behind right
- &3-4 Step right to right side & slightly back, dig left heel forward & slightly to left diagonal, hold
- &5&6& Replace weight on left, touch right toe next to left toe, step back & slightly to right side on right, dig left heel again, replace weight on left

7&8                    Cross shuffle right over left

**¼ TURN, ¼ TURN, SHUFFLE FORWARD, KICK BACK BACK, HOLD BACK BACK**

1-2                    Making ¼ turn right step back on left, making ¼ turn right step right to right side (3:00)

3&4                    Shuffle forward left

5&6                    Kick forward with right, step back on right, step left up to right

7&8                    Hold, step slightly back on right, step left next to right

**REPEAT**

**RESTART**

On the first wall do up to & including section 5, the skates, then restart the dance facing the 3:00 wall

**TAG**

At end of wall 4 you will face 12:00 wall, there is an extra 16 counts. Just repeat the last 16 counts of the dance, then start the dance again from beginning

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