

In The Gap

Compte: 32

Mur: 2

Niveau: Improver line/contra dance

Chorégraphe: Robyn Hardeman

Musique: For a Change - Neal McCoy



Most fun when done contra: line up right shoulder to right shoulder, left shoulder to left shoulder (i.e. One person faces front, next person faces back, etc.)

ANGLE BACK TWO STEPS, STEP SLAP, STEP SLAP, STEP SLAP

- & Start facing 1st wall, on count one, angle $\frac{1}{4}$ wall to right
- 1-2 Step right to right, step left next to right
- 3-4 Step right to right, slap left ankle behind with right hand
- 5-6 Step on left foot, slap right ankle behind with left hand
- 7-8 Step on right foot, slap left ankle behind with right hand

ROLLING VINE TO LEFT, STEP SLAP, STEP SLAP, STEP SLAP

- 9-10 Step left foot to left turning $\frac{1}{4}$ wall left, step right to right turning $\frac{1}{4}$ wall
- 11 Step left to left side turning $\frac{1}{2}$ wall to left (completing rolling vine to left)
- 12 Slap right ankle behind with left hand
- 13-14 Step on right foot, slap left foot behind with right hand
- 15-16 Step on left foot, slap right foot behind with left hand

STEP, STEP, HITCH, HITCH, LEFT HEEL JACK, RIGHT HEEL JACK

- 17-18 Step right to right side, step left behind right foot
- 19 Hitch right leg up (knee lift), hooking thumbs in belt loops, pivot $\frac{1}{8}$ to right
- 20 Hitch right leg up (knee lift), hooking thumbs in belt loops, pivot $\frac{1}{8}$ to right
- &21&22 Step on right foot, bring left heel out in front, weight to left foot, step right foot next to left
- &23&24 Step on left foot, bring right heel out in front, weight on right foot, step left foot next to right

CIRCLE HIPS, HEEL SWIVELS, SLAP, SLAP, STOMP, STOMP

- 25-26 Circle hips to the right
- 27-28 Swivel heels to right and back to center
- 29 Hitch right leg, with left hand slap inside of right ankle in front
- 30 Keeping leg hitched, with left hand slap outside of right ankle in front
- 31-32 Stomp right, stomp left

REPEAT
