

# The J-Team Shuffle

**Compte:** 44

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** James "Jimbo" Krywko (USA)

**Musique:** Justified & Ancient - Tammy Wynette & The KLF



## MODIFIED STAR STEPS

- 1-2 Touch right foot front, touch right foot side
- 3&4 Touch right foot back behind left, hop feet out, hop feet together (weight ends up on right)
- 5-6 Touch left foot front, touch left foot side
- 7&8 Touch left foot back behind right, hop feet out, hop feet together (weight ends up on left)

## TWISTING SHUFFLES BACK

- 1&2 Right shuffle back(right-left-right) (twist body to right)
- 3&4 Left shuffle back(left-right-left) (twist body to left)
- 5&6 Right shuffle back(right-left-right) (twist body to right)
- 7&8 Left shuffle back(left-right-left) (twist body to center)

## CHARLESTON SEQUENCE (RIGHT & LEFT)

- 1-2 Kick right foot forward twice
- 3-4 Touch right toe back, touch right toe forward
- 5-6 Step back on right, touch left foot forward (no weight on it)
- 7-8 Bump hips back twice
  
- 1-2 Kick left foot forward twice
- 3-4 Touch left toe back, touch left toe forward
- 5-6 Step back on left, touch right foot forward (no weight on it)
- 7-8 Bump hips back twice

## TURNING VINES (KEEP THESE SMALL)

- 1-2 Step right to right-turn  $\frac{1}{4}$  turn to right, pivot on left-turn  $\frac{1}{2}$  turn to right
- 3-4 Pivot on right -turn  $\frac{1}{4}$  turn to right, stomp left & clap
- 5-6 Step left to left-turn  $\frac{1}{4}$  turn to left, pivot on right-turn  $\frac{1}{2}$  turn to left
- 7&8 Pivot on left -turn  $\frac{1}{4}$  turn to left, stomp right & clap (no weight)

## TURN SEQUENCE

- 1-2 Step right foot forward, pivot  $\frac{1}{4}$  turn to left & step on left
- 3&4 Stomp shuffle right-left-right (no weight) (stomp-stomp-stomp)

## REPEAT

---