

# J-Walk

**COPPER** KNOB  
STEPPERS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Sue Lipscomb (USA)

Musique: Walking to Jerusalem - Tracy Byrd



## ROCKS, TRIPLE STEPS:

- 1-2 Step forward on right heel, rock back left
- 3&4 Triple-step in place - right, left, right
- 5-6 Step forward on left heel, rock back right
- 7&8 Triple-step in place - left, right, left

## PIVOT, KNEE PUSHES:

- 9-10 Step forward right pivoting  $\frac{1}{4}$  turn to left, step left
- 11-12 Stomp right, stomp left
- 13-14 Push right knee forward with right heel raised, hold
- 15-16 Bringing right knee back, push left knee forward with left heel raised, hold

## FORWARD, $\frac{1}{2}$ TURN, BACKWARD:

- 17-18 Walk forward right, walk forward left
- 19-20 Walk forward right, pivot  $\frac{1}{2}$  turn to left on balls of both feet keeping weight on right
- 21-22 Walk back left, walk back right
- 23-24 Walk back left, touch right toe beside left

**Hitchhiker: During backward walk raise right hand to shoulder height sticking thumb out pointed backwards. Move right hand and thumb 4 times in a backward motion as if trying to hitch a ride.**

## CROSS STEPS, $\frac{1}{2}$ PIVOT:

- 25-26 Touch right toe to right side, cross step right over left
- 27-28 Touch left toe to left side, cross step left over right
- 29-30 Touch right toe to right side, cross step right over left
- 31-32 Pivot  $\frac{1}{2}$  turn to left on balls of both feet, hold clapping hands

## REPEAT

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