

Itchy Feet

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Cindi Talbot (CAN)

Musique: Boogie Woogie Fiddle Country Blues - Charlie Daniels



TOE STRUTS FORWARD, RIGHT TURNING VINE

- 1-2 Right toe forward, drop right heel
- 3-4 Left toe forward, drop left toe
- 5-8 Full turn right, stepping right-left-right-left

TOE STRUTS BACK, JUMP OUT, CLAP, SHUFFLE ¼ RIGHT

- 9-10 Touch right toe back, drop right heel
- 11-12 Touch left toe back, drop left heel
- &13 Jump out to right with right, out to left with left
- 14 Clap
- 15&16 Shuffle right-left-right making ¼ turn to right

STEP TURN STEP HOLD, STEP WIDE, CLAP, HOEDOWN

- 17-18 Step left forward, pivot ½ right putting weight on right
- 19-20 Step left forward, hold
- 21-22 Step wide with right out to right, clap
- 23-24 Bend knees to sink down (elbows out to each side, fists meeting in center of chest), straighten knees to come up (straighten arms, keeping hands together in center of body pushing them toward the floor)

HEEL STEP HEEL STEP, 2 SAILOR SHUFFLES

- 25-26 Touch right heel forward on a slight diagonal right, step in place with right (you can sink down by bending right knee)
- 27-28 Touch left heel forward on a slight diagonal left (straightening right knee to come up), step in place with left (sinking down by bending left knee)
- 29-32 Right sailor shuffle right-left-right, left sailor shuffle left-right-left

REPEAT
