

# Just A Man

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Michael Vera-Lobos (AUS)

Musique: I'll Be the One - Phil Vassar



## FULL TURN FORWARD, SIDE ROCK CROSS, SIDE SHUFFLE, SAILOR

- 1-2-3&4 Traveling forward - turn  $\frac{1}{2}$  left stepping onto right, turn  $\frac{1}{2}$  left stepping back on left, rock right to right & replace weight on left, cross step right over left
- 5&6-7&8 Side shuffle left stepping left, right, left, cross step right behind left & rock left to left, rock weight center on right (sailor)

## CROSS BEHIND, $\frac{1}{4}$ STEP, FULL TRIPLE FORWARD, ROCK FORWARD, ROCK BACK, COASTER CROSS

- 1-2-3&4 Cross step left behind right, turn  $\frac{1}{4}$  right on right, traveling forward turn a full triple over right stepping left, right, left (3:00)
- 5-6-7&8 Rock forward right, rock back on left, step back on right & step left beside right, cross step right over left (coaster cross)

## SIDE ROCK, REPLACE, HINGE SIDE SHUFFLE, SIDE ROCK, REPLACE, HINGE SIDE SHUFFLE

- 1-2-3&4 Rock left to left, rock weight center on right, turning  $\frac{1}{2}$  left side shuffle left, right, left (9:00)
- 5-6-7&8 Rock right to right, rock weight center on left, turning  $\frac{1}{2}$  right side shuffle right, left, right (3:00)

## ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ SHUFFLE, $\frac{1}{2}$ SHUFFLE, $\frac{1}{2}$ STEP, DRAG BESIDE

- 1-2-3&4 Rock forward left, rock back on right, turning  $\frac{1}{2}$  left shuffle left, right, left
- 5&6-7-8 Turning  $\frac{1}{2}$  left shuffle right, left, right, turning  $\frac{1}{2}$  left step onto left, drag right towards left (end weight on left facing 9:00)

## SIDE, STEP BEHIND & HEEL & TAP & HEEL & CROSS, STEP SIDE, $\frac{1}{2}$ HINGE

- 1-2&3&4 Traveling right - step right to right, cross left behind right, stepping right to right touch left heel forward, stepping onto left tap right toe behind left
- &5&6-7-8 Stepping onto right touch left heel forward, stepping onto left cross right over left, step left to left side, turning  $\frac{1}{2}$  right step right to right (end weight right facing 3:00)

## CROSS BALL JACK & TAP & HEEL & CROSS, STEP SIDE, HINGE SIDE SHUFFLE

- 1&2&3&4 Cross left over right, stepping right to right touch left heel forward, stepping onto left tap right toe behind left, stepping onto right touch left heel forward
- &5-6-7&8 Stepping onto left cross right over left, step left to left side, turning  $\frac{1}{2}$  right side shuffle right (end facing 9:00)

## CROSS SAMBA STEP, CROSS SAMBA $\frac{1}{4}$ RIGHT, CROSS SAMBA, CROSS SAMBA $\frac{1}{4}$ RIGHT

- 1&2-3&4 Cross left over right & rock right to right, rock center left, cross right over left & turning  $\frac{1}{4}$  right step back left, step right to right (12:00)
- 5&6-7&8 Cross left over right & rock right to right, rock center left, cross right over left & turning  $\frac{1}{4}$  right step back left, step right to right (3:00)

## STEP FORWARD, $\frac{1}{2}$ PIVOT, ROCK FORWARD/BACK & ROCK BACK, ROCK FORWARD, STEP FORWARD, $\frac{1}{2}$ PIVOT

- 1-2-3-4 Step forward left, pivot  $\frac{1}{2}$  right, rock forward left, rock back on right (9:00 weight on right)
- &5-6-7-8 Stepping left beside right, rock back on right, rock forward on left, step forward on right, pivot  $\frac{1}{2}$  left (3:00 weight left)

REPEAT

