Jump On It

Compte: 0

Niveau: Improver

Chorégraphe: Charles Johnson Musique: Jump On It - Apache

Sequence: Begin after 25 second intro. AAAA, BCB, AAAA, BCC, BCC, AAAA, BCC, B, AAAA, BBB

PART A

	HIP BUMPS AND HORSE RIDING		
	1-2	With hands on hips, bump left and hold	
	3-6	Bump back, right, and forward, hold	
	7-8	Bump left and back	
	&1	Jump up slightly landing right, left while turning ¼ left	
	&2&8	Repeat &1 seven times	
	During these co	bunts - place left hand out in front of you like holding the reins of a horse and circle right hand	
	in air like you're twirling a lasso		
		Cuincel store for word right left right left/slop	
	1-4	Swivel steps forward right, left, right, left/clap	
	&5&6&7&8	Hop back right-left 4 times	
	9-16	Repeat 1-8	
PART C			
	1-2	Step right to right side, step left next to right	
	3&4	Shuffle to right side right, left, right	
	5-6	Step left to left side, step right next to left	
	7&8	Shuffle to left side left, right, left	
	10.0		
	1-2	Step right forward, step left next to right	
	3&4	Shuffle forward right, left, right	
	5-6	Step left back, step right next to left	
	7&8	Shuffle backward left, right, left	
		-	
	1&2	Rock right to right, recover on left, cross right over left	
	3&4	Rock left to left, recover on right, cross left over right	
	5-8	Repeat 1-4	
	1-4	Each with a ¼ turn right- step forward right, left, right, left	
	5-6	Step back right, step left next to right	
	7&8	Jump forward three times	





Mur: 1