Jingle Bell Rock



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Bryan McWherter (USA)

Musique: Jingle Bell Rock - Billy Gilman



KICK, TOE, HEEL, KICK, TOE, HEEL, TOUCH, SCOOT

1-3 Kick right foot forward, touch right toe forward, step down onto right heel
4-6 Kick left foot forward, touch left toe forward, step down onto left heel

7&8 Touch ball right to floor behind left heel, lift right foot up and scoot back slightly with left foot,

step back with right foot

SHUFFLE 34, ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER

1&2 Shuffle back left, right, left making a ¾ turn left
3-4 Rock right out to right side, recover weight back left
5&6 Cross shuffle right over left, (right, left, right)

7-8 Rock left foot out to left side, recover weight back right

CROSS ROCK, RECOVER, ROCK, RECOVER, SHUFFLE, STOMP, TURN

1-2 Cross rock left over right, recover weight back to right

3-4 Rock left back at a 45 degree angle, recover weight back to right

5&6 Shuffle forward at 45 degree angle left, right, left

7-8 Stomp right foot next to left, on the balls of both feet make a 1/8 turn to your left this should

square yourself to your left wall

At this point you should be facing 1/4 right of line of dance

OUT, OUT, IN, IN, JAZZ BOX

&1-2 Step right foot out to right side, step left foot out to left side, hold

&3-4 Step right foot in, step left foot in next to right, hold
5-6 Cross step right foot over left, step left foot back
7-8 Step right foot out to right, step left foot next to right

REPEAT