# Just Lay Around



Compte: 40 Mur: 2 Niveau: Intermediate

Chorégraphe: Beverly D'Angelo (USA)

Musique: Lay Around and Love On You - Delbert McClinton



#### FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2	Walk forward right,	walk forward left

Right sailor shuffle (right foot behind left, step left to left, step right)

Left sailor shuffle (left foot behind right, step right to right, step left)

7&8 Step forward right, ½ turn left shift weight to left

### FORWARD TOE POINTS, RIGHT SCUFF HITCH CROSS UNWIND, BOUNCE BOUNCE

1-2-3-4 Point right toe forward, return right foot next to left, point left toe forward, return left foot next

to right

Scuff right foot forward, hitch right foot, cross right foot behind left
Unwind ½ to right with two bounces transferring weight to the left foot

### FORWARD WALK, RIGHT AND LEFT SAILOR SHUFFLES, RIGHT STEP, ½ PIVOT TURN

1-2 Walk forward right, walk forward left

Right sailor shuffle (right foot behind left, step left to left, step right)

Left sailor shuffle (left foot behind right, step right to right, step left)

7-8 Step forward right, ½ turn left shift weight to left

## STEP, CROSS, HOLD, STEP CROSS, HOLD, SWAYS

&1-2 Step right foot to right, cross left foot in front of right, hold/snap right fingers
&3-4 Step right foot to right, cross left foot in front of right, hold/snap right fingers

5-6-7-8 Step right swaying hips forward, back, forward, back

### 2 RIGHT KICK BALL CHANGES, SIDE TOE POINTS, HOLD/SNAP

Right kick ball change (kick right forward, step right next to left, step left next to right)
Right kick ball change (kick right forward, step right next to left, step left next to right)
Point right toe to right side, step right next to left, point left toe to left side, step left next to

right

7-8 Point right toe to right side, hold/snap right fingers

### **REPEAT**