Just In



Compte: 32

Niveau: Intermediate

Chorégraphe: Bobby Horn (USA), John Lindsay (USA) & Mike Raposa (USA)

Mur: 4

Musique: Bringin' Da Noise - *NSYNC

KICK BALL CHANGE, MODIFIED RUNNING MAN

- 1&2 Kick right slightly forward, quickly step onto right foot, step forward onto left
- &3 Slide left foot back as you step forward onto right
- &4 Slide right foot back as you step forward onto left
- 5-8 Repeat steps 1-4

KICK AND VINE, ¼ PIVOT TURN

- 9& Kick right foot diagonally to the right, step down onto right foot
- 10& Step left behind, step to the right onto right foot
- 11 Step forward onto left foot
- 12 Pivoting on ball of right foot turn 1/4 turn to the right (weight on left)
- 13-16 Repeat steps 9-12

TOE TOUCHES, UP, DOWN

- 17& Scuff right foot, & raise right knee (hitch in place)
- 18& Touch right beside left foot, & point right toe to right side
- 19& Bring right foot home beside left foot, & on balls of both feet lift heels
- 20 Bring heels down
- 21& Scuff left foot, & raise left knee (hitch in place)
- 22& Touch left beside right foot, & point right toe to right side
- 23& Bring left foot home beside right foot, & on balls of both feet lift heels
- 24 Bring heels down

KICK AND STEP, KICK AND STEP, KICK, CROSS, HEEL SWIVELS, ¾ TURN

- 25&26 Kick right forward, step down onto right, long step forward onto left
- 27&28 Kick right forward, step down onto right, long step forward onto left
- 29 Kick right forward
- 30 Cross right over left
- 31& On the balls of both feet, twist both heels right (starting a ¼ turn to left) twist both heels left
- 32 Twist both heels right into a ½ turn to left

REPEAT

