

# Just For Grins (Wheelchair)

**COPPER** KNOB  
STEPSHEETS

Compte: 48

Mur: 4

Niveau: Improver wheelchair dance

Chorégraphe: Charlie Bowring (UK)

Musique: Billy B. Bad - George Jones



The dance "Just For Grins" was written by Jo Thompson. It was converted for wheelchairs by Charles R. S Bowring & Colin Whitfield

## RIGHT KICK-BALL-CHANGE, SLAP RIGHT, CLAP

- 1&2 Tap right thigh with heel right hand, slap right thigh, slap left thigh  
3-4 Thump thighs with closed fists, clap

## LEFT KICK-BALL-CHANGE, SLAP LEFT, CLAP

- 1&2 Tap left thigh with heel left hand, slap left thigh, slap right thigh  
3-4 Thump thighs with closed fists, clap

## POINT FORWARD, SIDE, TOGETHER, SIDE (TWICE)

- 9-12 Point right hand forward, side, together, side  
13-16 Point right hand forward, side, together, side

## ARM PUSHES TO RIGHT, SHOULDER TWISTS

- 17-20 Push arms to right side, together, side, together  
21-24 Twist shoulders right, left, right, left

## ARM PUSHES TO LEFT, SHOULDER TWISTS

- 25-28 Push arms to left side, together, side, together  
29-32 Twist shoulders left, right, left, right

## ¼ TURN RIGHT, ½ TURN RIGHT

- 33-36 Turn ¼ right (over 4 counts)  
37-40 Turn ½ right (over 4 counts)

## ROLL FORWARD, ROLL BACKWARDS

- 41-44 Roll forward (over 4 counts)  
45-48 Roll backwards (over 4 counts)

## REPEAT

For easier ending try

## ¼ TURN RIGHT, ½ TURN RIGHT

- 33-36 Turn ¼ left (over 4 counts)  
37-40 Roll forward (over 4 counts)

## ROLL FORWARD, ROLL BACKWARDS

- 41-44 Roll forward (over 4 counts)  
45-48 Roll backwards (over 4 counts)