

# Just For Grins (Wheelchair)

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 48

**Mur:** 4

**Niveau:** Improver wheelchair dance

**Chorégraphe:** Charlie Bowring (UK)

**Musique:** Billy B. Bad - George Jones



The dance "Just For Grins" was written by Jo Thompson. It was converted for wheelchairs by Charles R. S Bowring & Colin Whitfield

## **RIGHT KICK-BALL-CHANGE, SLAP RIGHT, CLAP**

1&2 Tap right thigh with heel right hand, slap right thigh, slap left thigh

3-4 Thump thighs with closed fists, clap

## **LEFT KICK-BALL-CHANGE, SLAP LEFT, CLAP**

1&2 Tap left thigh with heel left hand, slap left thigh, slap right thigh

3-4 Thump thighs with closed fists, clap

## **POINT FORWARD, SIDE, TOGETHER, SIDE (TWICE)**

9-12 Point right hand forward, side, together, side

13-16 Point right hand forward, side, together, side

## **ARM PUSHES TO RIGHT, SHOULDER TWISTS**

17-20 Push arms to right side, together, side, together

21-24 Twist shoulders right, left, right, left

## **ARM PUSHES TO LEFT, SHOULDER TWISTS**

25-28 Push arms to left side, together, side, together

29-32 Twist shoulders left, right, left, right

## **¼ TURN RIGHT, ½ TURN RIGHT**

33-36 Turn ¼ right (over 4 counts)

37-40 Turn ½ right (over 4 counts)

## **ROLL FORWARD, ROLL BACKWARDS**

41-44 Roll forward (over 4 counts)

45-48 Roll backwards (over 4 counts)

## **REPEAT**

For easier ending try

## **¼ TURN RIGHT, ½ TURN RIGHT**

33-36 Turn ¼ left (over 4 counts)

37-40 Roll forward (over 4 counts)

## **ROLL FORWARD, ROLL BACKWARDS**

41-44 Roll forward (over 4 counts)

45-48 Roll backwards (over 4 counts)