

# Treated Bad

**COPPER**KNOB  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Bracken Heidenreich (USA)

**Musique:** Who's Been Sleeping In My Bed - Bro'Sis



## *Version Notes:*

*Using the  
Bro'Sis track,  
start the dance  
on the vocals  
and do the tag  
after the 1st  
wall*

Using the Black  
Eyed Peas  
track, start the  
dance on ?We  
try to take it  
slow? and do  
the tag after the  
9th wall.

**CROSS, SIDE,  
AND POINT,  
1/2 TURN,  
ROCK AND  
CROSS, SIDE,  
POINT, 1/4  
TURN**

1, 2 Step R  
across (in front  
of) L, Step L to  
L side  
& 3 Step R next  
to L, Point L to L  
side  
4 Bring L foot in  
as you spin 1/2  
turn to L, weight  
ends on L  
(monterey style  
turn)  
5&6 Rock R to  
R side, Recover  
weight to L,  
Step R across  
(in front of) L  
&7 Step L to L  
side, Point R to  
R side

8 Keeping weight on L, turn 1/4 R ending w/ R toe touched forward (R knee bent and slightly leaning back)

**STEP, 1/4 SKATE, SKATE, CROSS AND HEEL, SYNCOPATED WEAVE LEFT W/ TOUCH**

1 Step slightly forward putting weight on R  
2 Making 1/4 turn L, skate L forward  
3 Skate R forward  
4&5 Step L across (in front of) R, Step R back to R diagonal, Touch L heel forward on L diagonal  
&6&7&8 Step L to L side, Step R across (in front of) L, Step L to L side, Step R behind L, Step L to L side, Touch R next to L

**ROLLING 1 1/4 TURN RIGHT W/ ARMS\*, TOUCH BACK, TWIST 1/2 TURN, STEP**

1 Making 1/4 turn R, step R forward  
2 Making 1/2 turn R, step L back  
3 Making 1/2 turn R, step R forward

4 Touch L next  
to R bending  
both knees  
slightly  
5 Touch L toe  
back  
6&7 Making 1/2  
turn L, twist  
both heels RLR  
ending with  
weight on R and  
L toe forward  
with L knee bent

8 Step L  
forward

*\*Arms for  
counts 1-4:  
Count 1 ? R  
arm straight to  
R side (parallel  
to floor) and L  
arm bent with L  
hand near  
middle of chest  
and L elbow  
parallel to floor.  
Count 2 ? Slide  
L arm straight  
out to L side  
and R arm in to  
chest with  
elbow bent  
(opposite of  
Count 1). Count  
3 ? Keeping  
arms parallel to  
floor, make a  
1/2 circle in  
front of your  
body  
(straightening R  
arm to L  
diagonal first) to  
end up with  
arms in the  
same position  
as Count 1.  
Count 4 ? Arms  
down (relaxed  
dance  
position).*

**WALK, WALK,  
SHUFFLE  
FORWARD,  
PIVOT AND  
STEP, 1/4  
PADDLE, 3/4  
PADDLE**

1,2 Walk  
forward R, L  
3&4 Shuffle  
forward RLR  
5&6 Step L  
forward, Pivot  
1/2 to R, Step L  
forward  
7 Making 1/4  
turn L, point R  
to R side  
8 Making 3/4  
turn L, point R  
to R side

**TAG (See  
Version Notes  
above)**

1,2 Step R  
across (in front  
of) L, Step L  
back  
&3 Step R to R  
side, Step L  
across (in front  
of) R  
4 Tap R next to  
L

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