

You Lie

Compte: 48

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Barry Amato (USA)

Musique: You Lie - Reba McEntire

PLATFORM SPIN (ON THE SPOT), HOLD, RECOVER STEP

1 Step on the ball of left foot as you turn, on the spot to the left

Optional: drag right toe on ground to help balance

2 Continue full turn

3 Recover with weight on the right foot

STEP SIDE, DRAG RIGHT FOOT TO LEFT, RECOVER STEP

1 Take a step to the left on left foot

2 Drag right foot to meet left

3 Recover on the right foot next to left

TWINKLE RIGHT

1 Leading through the heel, cross left foot over right (body angle will be diagonally right)

2 Bring right foot together with left (body is in center position)

3 Step left foot together with right (body is still in center position)

TWINKLE LEFT WITH A ½ TURN RIGHT

1 Leading through the heel, cross right foot over left (body angle will be diagonally left)

2 Bring left foot together with right (body is in center position)

3 Open body a ½ turn right and step slightly forward on right foot

LUNGE, RECOVER STEP, ½ TURN

1 Lunge forward on left foot

2 Recover on right foot in place

3 Open ½ turn left and step slightly forward on left foot

STEP FORWARD, ½ TURN, RECOVER STEP

1 Step forward on right foot

2 With weight forward on ball of right foot, pivot a ½ turn left

3 Recover on left foot in place

FORWARD LUNGE, RECOVER STEP, STEP TOGETHER

1 Lunge forward left on the right foot

2 Recover on left foot in place

3 Bring right foot together with left and square body to center position

TWINKLE WITH A ¾ TURN

1 Leading through the heel, cross left foot over right (body angle will be diagonally right)

2 Bring right foot together with left as you open a ¼ turn left (9:00)

3 Pivot on ball of right foot as you open a ½ turn left and step forward on left foot (3:00)

STEP FORWARD, HOLD, STEP

1 Step forward on right foot leaving left foot pointing straight back

2 Hold

3 Step back on left foot

COASTER STEP

- 1 Step back right foot
- 2 Step together with left foot
- 3 Step forward on right foot

STEP FORWARD, HOLD, STEP

- 1 Step forward on left foot leaving right foot pointing straight back
- 2 Hold
- 3 Step back on right foot

COASTER STEP

- 1 Step back left foot
- 2 Step together with right foot
- 3 Step forward on left foot

STEP FORWARD, ½ TURN PIVOT, RECOVER STEP

- 1 Step forward on right foot
- 2 With weight on right foot, pivot on ball of right foot a ½ turn left
- 3 Recover in place on left foot

2 TWO STEP TURNS

These turns progress forward

- 1 Begin first turn, pivoting on ball of left foot a ½ turn left, replacing weight on right foot (9:00)
- 2 With weight on right foot, pivot another ½ turn left on ball of right and replace weight on left (3:00)
- 3 With weight on left foot, pivot a ¾ turn left on ball of and replace weight on right next to left (6:00)

STEP SIDE, SLIDE RIGHT TO LEFT, RECOVER STEP

- 1 Step to the left on the left foot
- 2 Slide right foot in to meet left foot
- 3 Recover on the right foot slightly behind left

CROSS STEP, HOLD, RECOVER STEP

- 1 Cross left foot over right
- 2 Hold
- 3 Step on right foot in place

REPEAT
