

You Know What That Means

Compte: 64

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Paul Snooke (AUS) & Cathryn Proudfoot (AUS)

Musique: T.G.I.F. - Lonestar

V STEP FORWARD AND BACK

1-2-3-4 Step right forward to 45 degrees, step left forward to 45 degrees, step right back to center, step left together

RIGHT KICK BALL STEP, STEP ½ PIVOT

5&6-7-8 Kick right forward, step right together with left, step left forward, step right forward, pivot turn ½ left transferring weight forward to left

SIDE ROCK REPLACE, BEHIND SIDE CROSS

1-2-3&4 Rock/step right to right, replace weight to left, step right behind left, step left to side, step right across in front of left

SIDE BALL STEP, BEHIND SIDE CROSS, STEP TO SIDE

&5-6&7-8 Step left to side, replace weight to right, step left behind right, step right to side, step left across in front of right, step right to side

LEFT SAILOR STEP WITH ¼ TURN RIGHT, BACKWARDS RIGHT DOROTHY STEP

1&2-3-4& Step left behind right, step right to side, turn ¼ right to step left back, step right back at 45 degrees, lock step left across in front of right, step right to side

BACKWARDS LEFT DOROTHY STEP, ROCK BACK REPLACE

5-6&7-8 Step left back at 45 degrees, lock step right across in front of left, step left to side, rock/step back on right, replace weight forward on left

STEP, HOLD, ¾ TURN LEFT, RIGHT SAMBA STEP

1-2-3-4&5 Step right forward, hold for 1 count, turn ¾ left to step left to side, step right across in front of left, step left to side, replace weight to right (travel slightly forward)

CROSS, SIDE, REPLACE

6-7-8 Cross left over right, rock right to right side, replace weight on left

¾ HINGE TURN RIGHT, STEP ½ PIVOT

1-2-3 Hinge turn ¾ right to step right forward, step left forward, pivot turn ½ right transferring weight forward to right

¼ TURN RIGHT, RIGHT SAILOR STEP

4-5&6 Keeping momentum from previous pivot turn: turn ¼ right to step left to side, right sailor step: step right behind left, step left to side, step right to side

TOUCH BEHIND UNWIND ½ TURN RIGHT

7-8 Touch left toe behind right foot, unwind ½ turn left transferring weight to left

RIGHT KICK BALL STEP, ½ TURN LEFT, TOUCH LEFT HEEL FORWARD

1&2-3-4 Kick right forward, step right together with left, step left forward, turn ½ left to step right back, touch left heel forward

BALL STEP FORWARD, RIGHT HEEL TAP X 3

5&6&7&8 Step left back together with right, step right forward, raise right heel from floor keeping toe in place, drop right heel to floor, raise right heel from floor keeping toe in place, drop right heel to floor, raise right heel from floor keeping toe in place, drop right heel to floor taking weight

ROCK FORWARD, REPLACE, HEEL JACK & STEP

1-2&3&4 Rock/step left forward, replace weight back on right, step left back together with right, touch right heel forward, step right back together with left, step left forward

Restart from here on walls 1 and 3

STEP RIGHT, HEEL TAPS X 3

5&6&7&8 Step right forward, raise right heel from floor keeping toe in place, drop right heel to floor, raise right heel from floor keeping toe in place, drop right heel to floor, raise right heel from floor keeping toe in place, drop right heel to floor taking weight

Restart from here on wall 56

ROCK FORWARD, REPLACE, ¼ TURN LEFT, STEP ½ PIVOT

1-2&3-4 Rock/step left forward, replace weight back on right, turn ¼ turn left to step left forward, step right forward, pivot turn ½ left transferring weight forward to left

¼ STEP, DRAG 2 COUNTS, LEFT TOGETHER

5-6-7-8 Turning ¼ turn left step right to side, drag left toe together for 2 counts, step left together taking weight (use your arms here for styling if you like)

REPEAT

RESTART

On walls 1 and 3, dance up to beat 52 and restart dance from beginning

On wall 5, dance up to beat 56, but this time keep weight on left and restart dance from beginning
