You Groovy Thing



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Jutta Ahrapalo (FIN)

Musique: (You Make Me Feel) Groovy! - Glen Mitchell



RIGHT SIDE SHUFFLE, ROCK STEP, LEFT SIDE SHUFFLE, ROCK STEP

Shuffle to right side (right, left, right)
Rock left back, recover weight on right
Shuffle to left side (left, right, left)
Rock right back, recover weight on left

STEP, KNEE IN-OUT-IN, KICK, CROSS, UNWIND FULL TURN

1 Step and press right ball to right side knee turned out

2-4 Turn right knee in, out, in

5-6 Push and kick right foot to right side, cross right foot behind left

7-8 Unwind full turn to right (weight ends on left and right is crossed in front)

RONDE, SYNCOPATED WEAVE TO LEFT, COASTER STEP, ½ PIVOT

1 Sweep right back

2&3-4 Step right behind left, step left to left side, step right across left, step left to left side

5&6 Step right back, step left beside right, step right forward

7-8 Step left forward, turn ½ turn right

SHUFFLE FORWARD, KICK BALL STEP, STEP, TURN, STEP, FLICK

1&2 Shuffle forward left, right, left

3&4 Kick right foot forward, step right beside left, step left forward

5-6 Step right forward, turn ³/₄ turn left

7-8 Step left to left side, flick right up and behind left

REPEAT