A Woman's Heart

Compte: 64

Niveau: Intermediate

Chorégraphe: Ronnie James (UK)

Musique: Woman's Heart - Chris De Burgh

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

- 1-4 Cross rock right over left, recover on left, shuffle right on right, left, right
- 5-8 Cross rock left over right, recover on right, shuffle left on left, right, left

ROCK BACK, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE & TURN ½ LEFT

- Rock back on right, recover on left, shuffle forward on right, left, right 9-12
- 13-16 Rock forward on left, recover on right, shuffle & turn 1/2 left

CROSS, SIDE, CROSS SHUFFLE, ¼ TURN, HOLD, ROCK BACK, RECOVER

- 17-20 Cross right over left, step left to side, cross shuffle right over left
- 21-24 Step left to side turning 1/4 right, hold, rock back on right, recover on left

ROCK FORWARD, HOLD, COASTER STEP, SHUFFLE FORWARD, TURN 34 RIGHT

- 25-28 Rock forward on right, hold, left coaster step
- 29-32 Shuffle forward on right, left, right., turn ³/₄ right on left & right

SIDE, BEHIND & CROSS, SIDE, ROCK BACK, SHUFFLE FORWARD

- 33-36 Step left to side, step right behind left & step left to side, cross right over left
- 37-40 Rock back on right, recover on left, shuffle forward on right, left, right

ROCK FORWARD, SAILOR TURN, SHUFFLE FORWARD TWICE

- Rock forward on left, recover on right, turn 1/4 left on left, right, left 41-44
- 45-48 Shuffle forward on right, left, right., shuffle forward on left, right, left

ROCK FORWARD, COASTER STEP, ROCK FORWARD, SHUFFLE & TURN ½ LEFT

- 49-52 Rock forward on right, recover on left, right coaster step
- 53-56 Rock forward on left, recover on right, shuffle & turn 1/2 left

SKATE TWICE, KICK BALL CHANGE, STEP, DRAG & STOMP

- 57-60 Skate right forward, skate left forward, right kick ball change
- 61-64 Step forward on right, drag left towards right on 2 counts, stomp left

REPEAT

TAG

After step 44 on the 4th wall, stomp right next to left & hold for 3 counts, then restart the dance

OPTIONAL ENDING

To end facing the front cross right over left and unwind 34 left





Mur: 4