

Western Winger

Compte: 42

Mur: 0

Niveau:

Chorégraphe: Country Bound (USA)

Musique: Heartbroke Out of My Mind - Brooks & Dunn



Position: Start in Promenade position, ladies on gents right side

SIDE, TOGETHER, SIDE, CROSS ROCK

- 1 Step to right side with right foot
- & Slide left foot next to right foot
- 2 Step to right side with right foot
- 3 Step across behind right leg with left foot
- 4 Rock weight onto right foot

SIDE, TOGETHER, SIDE, CROSS ROCK

- 5 Step to left side with left foot
- & Slide right foot next to left foot
- 6 Step to left side with left foot
- 7 Step across behind left leg with right foot
- 8 Rock weight onto left foot

SIDE, TOGETHER, SIDE, ROCK-STEP

- 9 Step to right side with right foot
- & Slide left foot next to right foot
- 10 Step to right side with right foot
- 11 Step forward with left foot
- 12 Rock back onto right foot

ROCK-STEP, SHUFFLE

- 13 Step back with left foot
- 14 Rock forward onto right foot
- 15 Step forward with left foot
- & Step together with right foot next to left foot
- 16 Step forward with left foot

ROCK-STEPS

- 17 Step forward with right foot
- 18 Rock back onto left foot
- 19 Step back with right foot
- 20 Rock forward onto left foot

You will now start a series of seven (7) shuffles. The lady will turn into a wrap on shuffle three (3) and back out to promenade position on shuffle six (6).

SHUFFLE FORWARD

- 21 Step forward with right foot
- & Step together with left foot next to right foot
- 22 Step forward with right foot
- 23 Step forward with left foot
- & Step together with right foot next to left foot
- 24 Step forward with left foot

SHUFFLE FORWARD, LADY TURNS LEFT

Lady turns 1 full turn left into wrap position

25 Step forward with right foot
& Step together with left foot next to right foot
26 Step forward with right foot

SHUFFLE FORWARD

27 Step forward with left foot
& Step together with right foot next to left foot
28 Step forward with left foot
29 Step forward with right foot
& Step together with left foot next to right foot
30 Step forward with right foot

SHUFFLE FORWARD, LADY TURNS RIGHT**Lady turns 1 full turn right into promenade position**

31 Step forward with left foot
& Step together with right foot next to left foot
32 Step forward with left foot
33 Step forward with right foot
& Step together with left foot next to right foot
34 Step forward with right foot

JAZZ BOX

35 Step across in front of right leg with left foot
36 Step back with right foot
37 Step back with left foot
38 Step together with right foot next to left foot

JAZZ BOX

39 Step across in front of right leg with left foot
40 Step back with right foot
41 Step back with left foot
42 Step together with right foot next to left foot

REPEAT
