

Weekdays

Compte: 40

Mur: 4

Niveau:

Chorégraphe: Janet Halls (AUS) & Lisa Firth (AUS)

Musique: Except for Monday - Lorrie Morgan



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- 1-4 Step forward on right foot, lock left behind right, step forward on right, scuff left
5-8 Step forward on left foot, lock right behind left, step forward on left, scuff right
- 9-10 Step forward on right, pivot $\frac{1}{2}$ turn left (transferring weight onto right)
11-12 Turning $\frac{1}{4}$ turn left-step left to left side, hold
- 13-14 Step right across in front of left, rock onto left
15-16 Step right to right side, hold
- 17-18 Step left across in front of right, rock onto right
19-20 Step left to left side, hold
- 21-22 Step right across in front of left
23-24 Slowly turn $\frac{1}{2}$ turn left (rotating hips to the left taking weight on left)
- 25-26 Step back on right, step back on left
27-28 Step forward on right, hold
- 29-30 Step left to left side, rock onto right
31-32 Step left across in front of right, hold
- 33-34 Step right to right side, rock onto left
35-36 Step right across in front of left, hold
- 37-38 Step back on left, step back on right
39-40 Step forward on left, hold

REPEAT
