We're From The Country



Compte: 0 Mur: 2 Niveau: Intermediate/Advanced

Chorégraphe: Leslie Moore (USA)

Musique: I'm from the Country - Tracy Byrd



Sequence: AAB AAB A- BB

PART A (VOCALS

	1-2	Rock forward on right	t heel with turning	toe inward and "	grinding" outward	recover back on
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left

3-4 Rock back on right foot, recover forward on left

5-6 Step forward right, pivot ½ to left 7-8 Step forward right, pivot ½ to left

1-2 Step right to right side, step left behind right3-4 Step right to right side, step left in front of right

5 Step right to right side and turn ½ to left

6 Kick left foot forward (can do a small hop on right foot simultaneously)

7-8 Step back on left foot, stomp right (taking no weight)

1-2 Touch right toe at left instep turning right knee inward, touch right heel at left instep turning

right knee outward

3-6 Step right across left, step back on left, step right slightly to right side, touch left heel forward

&7 Small jump to take weight on left foot, step right across left

8 On balls of both feet turn ¼ to left

1&2 Shuffle left-right-left to left side

3-4 Rock back on right, recover forward on left

5&6 Shuffle right-left-right to right side

7 Spin ½ to right on ball of right foot, and landing by stepping left to left side

8 Continue turning an additional ½ to right on balls of both feet

You'll end up with legs crossed

1&2	Shuffle left-right-left to left side
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3-4 Rock back on right, recover forward left

5-7 Walk forward right, left, right

8 Spin ½ turn to right on right foot while kicking left foot behind you

1-2 Step forward on left foot, spin ½ turn to right on left foot while hitching right knee

3-4 Stomp forward right, left

5-6 Pop right knee in, then left knee (Elvis style!)

7-8 Circle hips to left

PART A-

Repeat all of Part A, except replace the final 8 counts with:

&1 Small jump forward left-right

2-3 Lift & drop heels twice

4 Clar

&5 Small jump forward left-right

6-7 Lift & drop heels twice

8 Clap

&1	Small jump forward left-right				
2-3	Lift & drop heels twice				
4	Clap				
5-8	Two hip circles to the left				
PART B (INSTRUMENTAL)					
1-2	Kick right foot across left, kick right foot to right side				
3&4	Right sailor shuffle				
5-6	Kick left foot across right, kick left foot to left side				
7&8	Left sailor shuffle				
1-2	Step forward right, pivot ¼ to left				
3-4	Step forward right, pivot ¼ to left				
5-6	Step forward right, pivot ¼ to left				
7-8	Step forward right, pivot ¼ to left				
1-4	Right grapevine, turning ½ to right on third count and scuffing left on fourth count				
5-8	Left grapevine, scuffing right on final count				
1-4	Right grapevine, turning ½ to right on third count and scuffing left on fourth count				
5-8	Left grapevine, scuffing right on final count				
1&2	Shuffle forward right-left-right				
3-4	Rock forward left, recover back right				
5&6	Shuffle backward left-right-left				
7-8	Rock back right, recover forward left				
1&2	Shuffle forward right-left-right				
3-4	Step forward left, pivot ½ to right				
&5	Small jump forward left-right				
6	Clap				
&7	Small jump forward left-right				
8	Clap				