

# The Way I Feel

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Judith Campbell (NZ)

**Musique:** Maria - George Strait



## **SLOUCHY WALKS, SLOUCHY WALKS WITH HEEL TAPS**

- 1-2 Slide right foot forward diagonally right pushing left hip to left, hold
- 3-4 Slide left foot forward diagonally left, pushing right hip to right, hold
- &5-6 Slide right foot forward diagonally right, tap right heel twice on floor
- &7-8 Slide left foot forward diagonally left, tap left heel twice on floor

## **STEP ½ SPIN, ROCK BACK & FORWARD, MONTEREY**

- 1 Step forward on ball of right foot lifting left foot up by right ankle and turn ½ to the right
- 2 Lower right heel
- 3-4 Rock back on left foot, rock forward on right foot
- 5-6 Tap left foot to left side, turn ½ to left bringing right foot next to left
- 7-8 Tap right foot to right side, close/tap right foot next to left

## **STEP CLOSE TOGETHER, STEP WITH ½ HITCH TURN**

- 1-3 (Moving to right side) step right to right, close left foot beside right, step right to right side
- 4 ½ turn to right hitching up left foot by right ankle
- 5-7 (Moving to left side) step left to left side, close right next to left, step left to left side
- 8 ½ turn to left hitching up right foot by left ankle

## **STEP TOGETHER, STEP FORWARD, HOLD**

- 1-4 Step right foot to right side, close left foot next to right, step right foot forward, hold

## **SWIVEL TO LEFT, HOLD, SWIVEL TO RIGHT, HOLD**

- 5-6 (Keeping feet in place) on balls of both feet swivel ½ to left, hold
- 7-8 Swivel ½ to right, hold

## **STEP, HOLD, SLIDE 3 TIMES ON DIAGONAL (MOVING BACK), SHUFFLE FORWARD ON DIAGONAL**

- 1-2& Stepping left back on diagonal diagonally left, hold, slide right foot next to left
- 3-4& Step back again on left diagonally, hold, slide right next to left
- 5-6 Step back once more on left diagonally, bring right foot next to left
- 7&8 Shuffle left foot across in front of right foot (moving right diagonally forward)

## **STEP HOLD, SLIDES ON DIAGONAL (MOVING FORWARD), ROCK FORWARD & BACK, TOGETHER**

- 1-2& Stepping forward diagonally right on right foot, hold, slide left foot next to right
- 3-4&5 Step right diagonally forward, hold, slide left foot next to right, step right forward diagonally once more
- 6-8 Rock left foot over right, rock back onto right foot, close left foot next to right

## **TAP, HOLD, TAP, TAP, KICK, BEHIND, SIDE SHUFFLE ACROSS**

- 1-2 Tap right foot to right side, hold
- &3-4 Tap right foot next to left foot, tap right foot to right side, kick right foot forward diagonally right
- 5-6 Step right foot behind left, step left to left side
- 7&8 Shuffle right foot across in front of left (moving to left)

## **ROCK RECOVER, TOGETHER, HEEL HEEL, ROCK BACK /FORWARD, ½ PIVOT TO LEFT**

- 1-3 Rock left foot out to left, recover back onto right foot, close left foot next to right

&4 Tap left heel twice  
5-6 Rock back on right foot, rock forward on left foot  
7-8 Step forward on right foot,  $\frac{1}{2}$  pivot to left  
& Turn  $\frac{1}{4}$  to left

**REPEAT**

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