Compte: 32 Mur: 1

Niveau: Intermediate/Advanced east coast swing

Chorégraphe: Jeremy Bryan, Angie Hulinsky \& Barbara Thacker (USA)
Musique: Up! - Shania Twain

Sequence: AB, AB, $A$ to the end<br>APPLE JACKS, STEP ¼ TURN RIGHT, PIVOT 3 ¹4 TO RIGHT, TRIPLE TO LEFT SIDE WITH SLIDE<br>1\&2\&3\& Apple jacks starting to the left<br>$4 \quad$ Right foot steps $1 / 4$ turn right, planting weight on right foot<br>5-6 Step left foot forward, pivot $3 / 4$ to right, (now facing back to original wall.)<br>7\&-8\& Side triple, left-right-left, on count \#8, slide left foot to left and drag right foot next to left<br>\section*{SHOULDER POPS, CROSS ROCK RIGHT, TRIPLE BACK}<br>1-2-3\&4 Pop left-shoulder up, then right-shoulder up and left shoulder down, then left, right, left<br>Alternate the up \& down shoulders ending with your weight on the left foot<br>5-6 Cross right foot over left, recover weight on left foot<br>7\&8 Triple step back, right-left-right (end with weight on right foot)<br>TOE POINTS AND SWITCHES, CROSS ROCK RIGHT, TRIPLE TO THE RIGHT WITH ¼ TURN RIGHT<br>1\&2 Point left-toe to left side, bring left-toe back to center and point right-toe to right side<br>\&3 On the "and" count, bring right-toe back to center, and point left-toe to left side<br>4 Step left toe back to center taking weight on left foot<br>5-6 Cross right foot over left, recover weight onto left foot<br>$788 \quad$ Side shuffle, right, left, right, making $1 / 4$ turn right, planting weight on right foot<br>\section*{RONDE WITH LEFT LEG TURNING RIGHT $3 / 4$ TURN, FEET APART, HEEL TAPS}<br>1-2-3-4 Sweep left leg around in front of right making a $3 / 4$ turn<br>\&-5 Step right foot to right, step left foot to left (out-out)<br>6-7-8 Tap heels to floor on each count, keeping heels on floor on count \#8

## REPEAT

## TAG

At the end of walls 1 \& 2
CROSS ROCK RIGHT, TRIPLE TO THE RIGHT WITH ¼ TURN RIGHT, STEP PIVOT $3 / 4$ RIGHT, TRIPLE TO LEFT
1-2 Cross right foot over left, recover weight on left foot
3\&-4 Side shuffle, right, left, right, making $1 / 4$ turn right, planting weight on right foot
5-6 Step left foot forward, pivot $3 / 4$ to right, (back to original wall)
7\&-8 Triple step to the left, left-right-left, (weight now on left)

## JAZZ BOX IN PLACE TWO TIMES

1-2 Step right foot across in front of left foot, step left foot back
3-4 Step right foot back and to the right, step left foot next to right (weight now on left)
5-6 Step right foot in across in front of left foot, step left foot back
7-8 Step right foot back and to the right, step left foot next to right (weight now on left)

## HIP BUMPS MOVING FORWARD, STEP PIVOT ½ LEFT TWO TIMES

1-2-3-4 Two hip bumps to the right, then two hip bumps to left (moving slightly forward with each)
5-6-7-8 Step right foot forward and pivot $1 / 2$ left, step right foot forward and pivot $1 / 2$ left again

