

# Up Up Up

Compte: 92

Mur: 2

Niveau: Advanced



Chorégraphe: The Kidz

Musique: Up! - Shania Twain

## **¼ RIGHT & TAP, ½ RIGHT & TAP, ¼ RIGHT & TOUCH, SIDE & TOUCH**

- &1&2 Turn ¼ turn right step forward on right & tap left toe behind right, turn ½ turn right step back on left
- & Tap right toe across in front of left
- &3&4 Turn ¼ turn right step forward on right & touch left behind right, step left to left side & touch right toe to side

## **RIGHT SAILOR STEP, BEHIND, TURN ¼ RIGHT, TURN ½ RIGHT**

- 5&6 Step right behind left, step left to left side, step right to right side
- 7&8 Step left behind right, turning ¼ turn right step forward on right, turning ½ turn right step back on left

## **RIGHT COASTER STEP LEFT SIDE & CROSS, RIGHT SIDE & TOGETHER, HEEL BOUNCES**

- 1&2 Step back on right, step left beside right, step forward on right
- 3&4 Rock/step left to left, replace weight to right, cross/step left over right
- 5&6 Rock/step right to right, replace weight on left, step right beside left
- 7-8 Double heel bounces

## **TOUCH, KNEE ROLL, & TOUCH, KNEE ROLL, & CROSS, UNWIND, BACK, FORWARD, TOGETHER**

- 1-2 Touch right toe to right side, roll right knee to the right taking weight on right
- &3-4 Step left beside right, touch right toe to right side, roll right knee to the right (weight on left)
- &5-6 Step right to right side, touch left toe behind right, unwind ½ turn left (weight on left)
- 7&8 Rock back on right, rock forward on left, touch right toe beside left

## **& CROSS, UNWIND, & CROSS, UNWIND, HIP BUMPS**

- &1-2 Step right to right side, cross left over right, unwind ½ turn right (weight on right)
- &3-4 Step left to left side, cross right over left, unwind ½ turn left (weight even)
- 5-6 Double hip bump right back
- 7&8 Hip bump forward left, hip bump back right, hip bump forward left

## **Variation to hip bumps, slow body roll down, reverse body roll up**

## **RIGHT MONTEREY FULL TURN, SCUFF, STEP, REVERSE HEEL SPLITSS**

- 1-4 Touch right toe to right side, turn full turn right stepping right beside left, touch left toe to left side, step left beside right
- 5-6& Scuff right forward in an arc (½ circle), step right to side, twist toes out keeping heels on floor
- 7&8 Twist toes back to center, twist toes out keeping heels on floor, twist toes back to center

## **& CROSS, ¾ TURN, SPLIT STEP, SPLIT STEP, SPLIT STEP, SCUFF**

- &1-2 Step right to right side, touch left behind right, unwind turn ¾ turn left (weight on left)
- &3 Step back on ball of right, step forward on left,
- 4&5 Step right beside left, step back on ball of left, step forward on right
- 6 Step left beside right
- &7-8 Step back on ball of right, step forward on left, scuff right foot forward

## **STOMP, HEEL CLICK, ¼ TURN RIGHT & LEFT, DOROTHY STEPS, STEP FORWARD RIGHT, ½ RIGHT**

- 1&2 Stomp right beside left, turn heels out, click heels together
- 3-4& Turning ¼ turn right step forward on right, lock left behind right, step ball of right beside left

5-6& Step forward on left, lock right behind left, step ball of left beside right  
7-8 Step forward on right, turn ½ turn right step back on left

**½ RIGHT, ½ RIGHT, ROCK BACK & TOGETHER, SIDE & BEHIND, SIDE & BEHIND**

1-2 Turn ½ turn right step forward on right, turn ½ turn right step back on left  
3&4 Rock back on right, rock forward on left, touch right beside left  
5&6 Rock/step right to right, replace weight on left, cross/step right behind left  
7&8 Rock/step left to left, replace weight on right, cross/step left behind right

**& STEP HITCH ¼ RIGHT, ROCK BACK, LEFT ½ MONTEREY TURN, CROSS SHUFFLE**

&1-2 Step ball of right to right, step left to left side, hitch right knee  
3-4 Turn ¼ turn right on left with right knee hitched, step back on right  
5&6 Touch left toe to left side, turn ½ turn left stepping left beside right, touch right to right side  
7&8 Cross shuffle over left stepping right-left-right

**SIDE, ½ TURN, CROSS SHUFFLE, SIDE ROCK, REPLACE, TOUCH & HEEL**

1-2 Step left to left side, turn ½ turn right stepping right to right side  
3&4 Cross shuffle over right stepping left-right-left  
5-6 Rock/step right to right side, replace weight on left  
7&8 Touch right toe behind left, step right behind left, touch left heel forward

**& HEEL & TOUCH, SIDE, REPLACE, LEFT SAILOR STEP, KICK & TOUCH**

&1&2 Step left beside right, touch right heel forward, step right in front of left, touch left toe behind right  
3-4 Rock step left to left side, replace weight on right  
5&6 Left sailor step  
7&8 Kick right foot forward, step right beside left, touch left toe to left side

**KICK & TOUCH, RIGHT KNEE ROLL, LEFT KNEE ROLL**

1&2 Kick left foot forward, step left beside right, touch right to right side  
3-4 Roll right knee out taking weight to right, roll left knee out taking weight to left

**REPEAT**

**RESTART**

On wall 3 dance up to count 27 (& cross unwind). Replace ½ turn with ¼ left unwind, do the hip bumps, then restart dance from count 1 facing back wall.

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