

Up The Creek

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Jan Wyllie (AUS)

Musique: 40 Days and 40 Nights - Tim McGraw

ROCK FORWARD, ROCK BACK, TRIPLE STEP, ROCK BACK, ROCK FORWARD, TRIPLE STEP

- 1-2 Rock/step forward on left, rock back on right
- 3&4 Triple step on the spot left, right, left
- 5-6 Rock/step back on right, rock forward on left
- 7&8 Triple step on the spot right, left, right

ROCK TO LEFT, ROCK TO RIGHT, TRIPLE STEP, ROCK TO RIGHT, ROCK TO LEFT, TRIPLE STEP

- 9-10 Rock/step left to left, rock/return weight to right
- 11&12 Triple step on the spot left, right, left
- 13-14 Rock/step right to right, rock/return weight to left
- 15&16 Triple step on the spot right, left, right

VINE LEFT WITH A TRIPLE STEP, VINE RIGHT WITH A TRIPLE STEP

- 17-18 Step left to left, step right behind left,
- 19&20 Triple step on the spot left, right, left
- 21-22 Step right to right, step left behind right
- 23&24 Triple step on the spot right, left, right

STEP FORWARD, HOLD, PIVOT ¼ RIGHT, HOLD, PIVOT ¼ LEFT, HOLD, PIVOT ¼ RIGHT, HOLD

- 25-26 Step forward on left, hold
- 27-28 Making ¼ pivot right on ball of left step forward on right, hold
- 29-30 Making ¼ pivot left on ball of right step forward on left, hold
- 31-32 Making ¼ pivot right on ball of left step forward on right, hold

REPEAT
