Undress Me



Compte: 32 Mur: 4 Niveau: Advanced

Chorégraphe: Roy Hadisubroto (IRE)

Musique: Buttons - The Pussycat Dolls



Start dance with feet apart in 2nd position

DRAG, STEP, STEP, JUMP, SHOULDER/HEAD/HAND MOVEMENT, SAILOR STEP

1-2 Drag right foot next to left foot (weight still on left foot) and push right shoulder to the left (face

12:00)

3 Step right foot forward & Step left foot forward

4 Jump both feet apart and both feet facing forward (parallel)

Push right knee forward and lift right shoulder up &

5 Look to right side (head facing 3:00)

6& Shake right hand twice

7 Cross right foot behind left foot

& Step left foot to the left

8 Step right foot to the right (body facing 1:30); bring right arm up at shoulder height and left

arm at hip height, jazz hands with hand palms facing forward

DRAG, CROSS, STEP, PIVOT 1/4, TAP 2X COASTER STEP

1-2	Drag left foot towards right foot standing on ball of right foot (3:00) both arms extended with
	be an electrical and a form of a managed along the three beauty

hands fisted moving from forward, down to the back

3 Cross left foot over right foot

& Step right foot to the right (3:00), ¼ turn left

4 Step left foot forward (9:00)

& Tap right foot forward, both hands follow the movement above knee with hand palms down 5 Tap right foot forward, both hands follow the movement above knee with hand palms down

6 Lift right knee, both hands follow the movement above knee with hand palms down

7 Step right foot back

& Step left foot next to right foot

8 Step right foot forward

KNEE POPS WITH HAND AND SHOULDER MOVEMENTS, TOUCH, SLIDE, STEP SWIVELS

1	Pop right knee in and bring right shoulder and right arm in
&	Step right foot back and bring right shoulder and right arm out
2	Pop left knee in and bring left shoulder and left arm in
&	Step left foot back and bring left shoulder and left arm out
3	Pop right knee in and bring right shoulder and right arm in
&	Pop right knee out and bring right shoulder and right arm out

Pop right knee in and bring right shoulder and right arm in, 1/4 turn right 4

& Step right foot to the side, touching left foot next to right foot (facing 12:00) and bring both

arms down with upper arm lifted at shoulder height

5 Slide left foot to the left and extend both arms to the right

6 Step right foot forward (12:00)

7 Swivel both heels forward (body facing 9:00)

& Swivel both heels back in place

8 Swivel both heels forward with weight ended on left

UP ROCK, JUMP, POP IN, POP OUT, DRAG, SLIDE, 1/4 TURN

- 1 Jump on right foot and hook left foot behind right foot (body facing 9:00)
- & Jump on left foot and kick right foot forward (body facing 12:00)

2	Jump on right foot and kick left foot forward
&	Jump on left foot and hook right foot behind left foot (body facing 3:00)
3	Jump on right foot and kick left foot forward (body facing 12:00)
&	Jump on left foot and kick right foot forward
4	Jump both feet apart
&	Pop both knees in and bring both arms in
5	Pop both knees out and bring both arms out
6	Drag right foot next to left foot
7	Press right foot forward on ball and push right arm next to chest sliding left foot back
8	1/4 turn left (face 9:00) and take weight to left foot and extend right arm to right side with hand palm lifted

REPEAT