

# Twist & Shout

**Compte:** 16

**Mur:** 4

**Niveau:**

**Chorégraphe:** Jenny Rockett (UK)

**Musique:** Down At the Twist and Shout - Mary Chapin Carpenter



- 1& Rock forward on to right foot and back on to left foot  
2& Rock back on to right foot and forward on to left foot  
3&4 Right step forward, left foot close to right foot, right step forward  
5& Rock forward on to left foot and back on to right foot  
6& Rock back on to left foot and forward on to right foot  
7&8 Left step forward, right close to left foot, left step forward
- 9& Rock forward on to right foot and back on to left foot  
10 Right foot step back with  $\frac{1}{4}$  turn to right  
& Left foot step to right foot  
11 Right foot step to right with  $\frac{1}{4}$  turn to right  
& Left foot touch to right foot  
12 Left foot step forward  $\frac{1}{4}$  turn to right  
& Right foot step to left foot  
13 Left foot step to left  
& On ball of left foot  $\frac{1}{2}$  turn to right  
14& Step right foot to right, left foot touch to right foot  
15& Left foot to left, right foot step to left foot  
16& Left foot step to left, right foot touch to left foot

**REPEAT**

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