# Tush Pushin'



Compte: 40 Mur: 0 Niveau:

Chorégraphe: Adrian Churm (UK)

Musique: Tush Pushin' - Paul Bailey



#### HEEL AND TOE TAPS, HEEL SWITCHES

1-4 Touch right heel forward, touch right foot beside left and touch right heel forward twice

& Switch weight from right foot to left as the right foot steps back in place

5-8 Repeat 1-4 on the opposite foot

& Switch weight from left to right foot as the left foot steps back in place

9&10 Touch right heel forward, step right foot back in place as you touch the left heel forward &11-12 Step left foot back in place as the right heel touches forward, and leave right heel forward as

you clap hands once

#### HIP BUMPS AND HIP ROLLS

13&14 Push hips forward twice15&16 Push hips back twice

17-20 Roll hips around to the right twice (or just repeat 13-16)

#### TRIPLE STEPS WITH HALF TURN, STOMP AND CLAP

21&22 Triple step forward right, left, right

23-24 Left foot steps forward then replace weight back onto the right foot

Your partner should now be to your left side

25&26 Triple step back left, right, left

27-28 Right foot steps back then replace weight forward onto the left foot

29&30 Triple step forward right, left, right, small steps

## 31&32 TRIPLE STEPS FORWARD LEFT, RIGHT, LEFT, SMALL STEPS

33&34 Triple step past your partner making ½ a turn to the left stepping right, left, right

35-36 Triple step back left, right, left

37-38 Step right foot back and replace weight forward onto the left foot

39-40 Stomp right foot next to left and clap hands

### **REPEAT**