

# The Truth About Men

**Compte:** 68

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Lotus Rose Bailes (USA)

**Musique:** That's the Thing About a Memory - Tracy Byrd



## **TOE STRUT RIGHT AND SHUFFLE FORWARD**

- 1-4 Toe strut right and left
- 5-8 Shuffle forward right and left

## **KICK BALL CHANGE, ½ TURN TO LEFT AND SHUFFLE FORWARD**

- 1&2 Right kick ball change
- 3-4 Cross right over left and turn ½ to left (keeping weight on right)
- 5&6 Shuffle forward left
- 7&8 Shuffle forward right

## **TOE STRUT LEFT AND SHUFFLE FORWARD**

- 1-4 Toe strut left and right
- 5-8 Shuffle forward left and right

## **KICK BALL CHANGE, ½ TURN TO RIGHT AND SHUFFLE FORWARD**

- 1&2 Left kick ball change,
- 3-5 Cross left over right and turn ½ to right (keeping weight on left)
- 5&6 Shuffle forward right
- 7&8 Shuffle forward left

## **SHUFFLE RIGHT AND LEFT WITH BACKWARD ROCKS**

- 1-4 Shuffle right and rock back on the left and forward on right
- 5-8 Shuffle left and rock back on the right and forward on left

## **DIAGONAL TOUCHES, HIP BUMPS BACKWARDS**

- 1-2 Step right forward at a diagonal to the right and touch the left beside the right (clap hands on the touch)
- 3-4 Step left forward at a diagonal to the left and touch the right beside the left (clap hands on the touch)
- 5&6 Step back right and hip bump
- 7&8 Step back left and hip bump

## **HEEL GRINDS**

- 1-2 Heel grind right
- 3-4 Heel grind left
- 5-8 Repeat 1-4

## **FULL MONTEREY TURN TO THE RIGHT, ¼ TURN HEEL BOUNCES**

- 1-2 Touch right to right side, turn half to the right and step on right
- 3-4 Touch left to left side and step left beside right
- 5-8 Raise weight onto balls of feet and bounce heels on floor 4 times while turning ¼ turn to the right

## **STEP, HOLD, ½ PIVOT-HOLD**

- 1-2 Step forward on the right and hold
- 3-4 Turn ½ to the left and hold

REPEAT

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