The Truth About Men



Compte: 68 Mur: 4 Niveau: Improver

Chorégraphe: Lotus Rose Bailes (USA)

Musique: That's the Thing About a Memory - Tracy Byrd



TOE STRUT RIGHT AND SHUFFLE FORWARD

1-4 Toe strut right and left

5-8 Shuffle forward right and left

KICK BALL CHANGE, 1/2 TURN TO LEFT AND SHUFFLE FORWARD

1&2 Right kick ball change

3-4 Cross right over left and turn ½ to left (keeping weight on right)

5&6 Shuffle forward left7&8 Shuffle forward right

TOE STRUT LEFT AND SHUFFLE FORWARD

1-4 Toe strut left and right5-8 Shuffle forward left and right

KICK BALL CHANGE, 1/2 TURN TO RIGHT AND SHUFFLE FORWARD

1&2 Left kick ball change,

3-5 Cross left over right and turn ½ to right (keeping weight on left)

5&6 Shuffle forward right 7&8 Shuffle forward left

SHUFFLE RIGHT AND LEFT WITH BACKWARD ROCKS

Shuffle right and rock back on the left and forward on rightShuffle left and rock back on the right and forward on left

DIAGONAL TOUCHES, HIP BUMPS BACKWARDS

1-2 Step right forward at a diagonal to the right and touch the left beside the right (clap hands on

the touch)

3-4 Step left forward at a diagonal to the left and touch the right beside the left (clap hands on the

touch)

5&6 Step back right and hip bump7&8 Step back left and hip bump

HEEL GRINDS

1-2 Heel grind right3-4 Heel grind left5-8 Repeat 1-4

FULL MONTEREY TURN TO THE RIGHT, 1/4 TURN HEEL BOUNCES

1-2 Touch right to right side, turn half to the right and step on right

3-4 Touch left to left side and step left beside right

5-8 Raise weight onto balls of feet and bounce heels on floor 4 times while turning ¼ turn to the

right

STEP, HOLD, 1/2 PIVOT-HOLD

1-2 Step forward on the right and hold

3-4 Turn ½ to the left and hold