

# Troubles I Forgot 'em

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Helen K. Hargnett (USA)

Musique: Two Pina Coladas - Garth Brooks



## STEP SLIDES TO LEFT, SHUFFLE IN PLACE

- 1-2 Step to left on left foot, slide right foot next to left
- 3-4 Step to left on left foot, slide right foot next to left
- 5-6 Step to left on left foot, slide right foot next to left
- 7&8 Shuffle in place left, right, left\*

## STEP SLIDES TO RIGHT, SHUFFLE IN PLACE

- 1-2 Step to right on right foot, slide left foot to right
- 3-4 Step to right on right foot, slide left foot to right
- 5-6 Step to right on right foot, slide left foot to right
- 7&8 Shuffle in place right, left, right\*

## MODIFIED LEFT VINE WITH HOLD, PIVOT ½ TURN, SHUFFLE FORWARD RIGHT

- 1-2 Step to left side with left foot, step right foot behind left
- 3-4 Turn left foot ¼ turn, hold one count
- 5-6 Place right foot in front of left, pivot ½ turn to left
- 7&8 Shuffle forward right, left, right (weight ending on right foot)

## MODIFIED RIGHT VINE WITH HOLD, PIVOT ½ TURN, SHUFFLE FORWARD LEFT

- 1-2 Left step into ¼ turn right, (you are facing back wall) step right foot behind left
- 3-4 Turn left foot ¼ turn, hold one count
- 5-6 Place right foot in front of left, pivot ½ turn to left
- 7&8 Shuffle forward right, left, right (you should be facing new wall)

## STEP SLIDE AT 45 DEGREE ANGLE, SHUFFLE IN PLACE LEFT, RIGHT, LEFT

- 1-2 Step left foot at an angle and slide right foot beside left\*
- 3-4 Step left foot at an angle and slide right foot beside left\*
- 5-6 Step left foot at an angle and slide right foot beside left\*
- 7&8 Shuffle in place left, right, left

## STEP BACK SLIDE AT 45 DEGREE ANGLE, SHUFFLE IN PLACE RIGHT, LEFT, RIGHT

- 1-2 Step back on right foot at an angle and slide left foot beside right\*
- 3-4 Step back on right foot at an angle and slide left foot beside right\*
- 4-5 Step back on right foot at an angle and slide left foot beside right\*
- 7&8 Shuffle in place right, left, right rock forward, back hold\*
- 1-4 Rock forward on left, rock back on right, step left beside right (home) hold one count
- 5-8 Rock back on right, rock forward on left, step right foot beside left (home) and hold one count

## ROCK SIDES, HOLDS\*

- 1-4 Rock to left side on left, rock in place on right, step left foot to right (home) and hold one count
- 5-8 Rock to right on right foot, rock in place on left foot, step right foot to left (home) and hold one count (weight ending on right foot)

## REPEAT

After the first 56 counts, Garth will add a little extra beat so just move your hips and start over after he sings "so bring me"

**\*Show calypso moves while doing this dance using your hips and feet with an attitude!**

---