

Toss The Feather

Compte: 0

Mur: 1

Niveau: Intermediate



Chorégraphe: Heloise Cates

Musique: Toss the Feathers - The Corrs

Sequence: A, BC, BC, BA, BC, BCB

PART A (INTRO/BRIDGE)

RIGHT CROSS, UNWIND, SYNCOPATED ROCK RIGHT, LEFT CROSS, UNWIND, SYNCOPATED ROCK LEFT

- 1-2 Cross right in front of left. Unwind full turn
- 3&4 Rock right to right side. Rock back onto right. Touch left beside right
- 5-6 Cross left in front of right. Unwind
- 7&8 Rock left to left side. Rock back onto right. Touch left beside right.

RIGHT FORWARD SHUFFLE, STEP ½ PIVOT RIGHT, FULL TURN, STEP ½ PIVOT RIGHT

- 9&10 Step forward right. Close left beside right. Step forward right
- 11-12 Step forward left. Pivot ½ turn right
- 13 On ball of left pivot ½ turn left, stepping back left
- 14 On ball of right pivot ½ turn left, stepping back right
- 15-16 Step forward left. Pivot ½ turn right

PART B

LEFT SHUFFLE, ROCK BACK, (ROLLING) GRAPEVINE RIGHT, SCUFF LEFT

- 1&2 Step left to left side. Close right beside left. Step left to left side
- 3-4 Rock back onto right. Rock forward onto left.
- 5-6 Step right on to right side. Cross left behind right
- 7-8 Step right to right side. Scuff left forward

LEFT FORWARD SHUFFLE, STEP ½ PIVOT LEFT, HEEL JACKS

- 9&10 Step forward left. Close right beside left. Step forward left
- 11-12 Step forward right. Pivot ½ turn left
- &13 Step back right. Touch left heel forward
- &14 Step left to place. Cross right over left
- &15 Step back left. Touch right heel forward
- &16 Step right to place. Cross left over right

LEFT SHUFFLE, ROCK BACK, (ROLLING) GRAPEVINE RIGHT, SCUFF LEFT

- 17&18 Step left to left side. Close right beside left. Step left to left side
- 19-20 Rock back onto right. Rock forward onto left
- 21-22 Step right on to right side. Cross left behind right.
- 23-24 Step right to right side. Scuff left forward

LEFT FORWARD SHUFFLE, STEP ½ PIVOT LEFT, HEEL JACKS

- 25&26 Step forward left. Close right beside left. Step forward left
- 27-28 Step forward right. Pivot ½ turn left.
- &29 Step back right. Touch left heel forward
- &30 Step left to place. Cross right over left.
- &31 Step back left. Touch right heel forward
- 32 Step right to place. Cross left over right

PART C

HEEL, TOE, LEFT JAZZ BOX, HEEL, TOE, RIGHT JAZZ BOX

- 1-2 Heels to left. Toes to left.
- 3& Cross right foot in front of left. Touch left back
- 4& Right to right side. Touch left foot next to right.
- 5-6 Heels to right. Toes to right
- 7& Cross left foot in front of right. Touch right back
- 8& Left to left side. Touch right foot next to left

STOMP RIGHT FORWARD, HOLD, ¼ PIVOT LEFT, HOLD KICK BALL CROSS, ¾ UNWIND

- 9-10 Stomp right foot forward. Hold
- 11-12 Pivot ¼ turn left. Hold
- 13&14 Kick left foot to front. Touch left back in to place. Cross right over left.
- 15-16 Unwind ¾ left. Touch right foot next to left

HEEL, TOE, LEFT JAZZ BOX, HEEL, TOE, RIGHT JAZZ BOX

- 17-18 Heels to left. Toes to left
- 19& Cross right foot in front of left. Touch left back
- 20& Right to right side. Touch left foot next to right
- 21-22 Heels to right. Toes to right
- 23& Cross left foot in front of right. Touch right back
- 24& Left to left side. Touch right foot next to left

STOMP RIGHT FORWARD, HOLD, ¼ PIVOT LEFT, HOLD, KICK BALL CROSS, ¾ UNWIND

- 25-26 Stomp right foot forward. Hold
 - 27-28 Pivot ¼ turn left. Hold.
 - 29&30 Kick left foot forward. Touch left back in place. Cross right over left.
 - 31&32 Unwind ¾ left. Touch right foot next to left.
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