

# Tilt Ya Head

Compte: 32

Mur: 4

Niveau: Intermediate/Advanced



Chorégraphe: Alice Lim (SG)

Musique: Tilt Ya Head Back (feat. Christina Aguilera) - Nelly

## JUMP, KICK, ROCK-REPLACE-STEP, CROSS, ¼ TURN, TAP, ½ TURN

- 1-2 With legs together jump slightly back, kick left diagonally forward (towards right corner of wall)
- 3&4 Rock left to side, replace on right, step left in front of right
- 5-6 Cross right over left bending knees, ¼ turn right stepping back on left leg while straightening up

### Arms:

On count 5, punch both fists down with arms crossed in front of legs

On count 6, return arms to sides

- 7-8 Tap right back, ½ turn right stepping forward (9:00)

## FORWARD, ¾ TURN, STEP, STAMP, FORWARD-KICK-½ TURN & FLICK, BUMP & BUMP

- 1-2 Step left forward, ¾ turn right (6:00)
- 3-4 Step left to side, stamp right beside left

### Arms:

On count 3, move right hand from left side of head to back & at same time move left hand from right side to back as if combing hair with both hands from sides to back (action only - don't touch hair), then move both arms with clenched fists to front of chest so that both lower arms are in horizontal position & right arm is above left. On count 4, pull fists apart pushing elbows out (as if knocking people away with the elbows)

- 5&6 Step forward on left, kick right forward, pivot ½ turn left while flicking right leg back
- 7-8 Step right to side & bump hips to right twice (12:00)

## ¼ TURN, ¼ TURN, 1/8 TURN & PUMP & PUMP, ¼ TURN & PUMP & PUMP, KICK-TURN-SIDE

- 1-2 ¼ turn left stepping forward, ¼ turn left stepping right to side so that legs are slightly apart (6:00)
- & Pivot 1/8 turn to face left corner of wall raising right heel & bending right knee (weight on left), and at same time raise right lower arm with clenched fist to horizontal position (get ready for pumping)
- 3 Push hips back straightening right knee while pumping right fist down
- & Bend right knee again & at same time raise right arm & fist to horizontal position (get ready to pump again)
- 4 Push hips back & pump fist down but this time step down on heel so as to transfer weight to right as you straighten the knee
- & Pivot ¼ right to face right corner of wall raising left heel & bending left knee (weight on right)
- 5&6 Repeat 3&4 (pump & pump) but with left leg & left fist
- 7&8 Kick right towards corner of wall, step right to side making 1/8 turn right to face wall directly (9:00), step left to side so that legs are slightly apart

## TOUCH, STEP, HIP BUMPS & SHOULDER POPS, SIDE, TOUCH BEHIND, ¼ TURN, ¾ TURN STEP TOGETHER

- 1-2 Touch right beside left popping right knee in, step down on right popping left knee forward

### Arms:

On count 1, push right side of head with right fingers to tilt head towards left shoulder

On count 2, lower right arm while popping up left shoulder

- 3&4 Bump hips left, right, left while popping shoulders up-down-up starting with right shoulder up
- 5-6 Step right to side, touch left behind right

### Arms:

On count 6, push left hand to right side moving left lower arm horizontally across stomach

7&8

$\frac{1}{4}$  turn left stepping forward, spin on left leg  $\frac{3}{4}$  turn left, step right together (weight on both)  
(9:00)

**REPEAT**

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