Tijuana Sunrise



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Gordon Timms (UK)

Musique: Rise - Herb Alpert And The Tijuana Brass



HIP BUMPS FORWARD AND BACK IN PLACE, TWO WALKS, STEP 1/2 TURN RIGHT, STEP

1&2 Bumps hips forward right, left, right

3&4 Bumps hips back left, right, left, (weight on the left foot)

5-6 Walk forward right and left

7&8 Step forward on right, recover back on to left, and turn ½ turn right stepping forward on the

right

Faces 6:00

MAMBO STEP, RIGHT COASTER STEP, PIVOT ½ TURN, KICK BALL POINT

1&2 Step forward on to left, recover on to right, step left next to right

Right coaster step, (back on right, step together with left, step forward on right)

Step forward left and pivot ½ turn right on balls of both feet - weight ends on right

7&8 Kick left foot forward (low) step left next to right, point right toe to right side (weight on left)

Faces 12:00

SAILOR STEP, SAILOR STEP 1/4 TURN, STEP 1/2 TURN PIVOT LEFT WITH DRAG, LEFT FORWARD SHUFFLE

1&2 Right sailor step in place, stepping right left and right

Left sailor step ¼ turn, stepping left right and left (turn ¼ turn left on the 2nd step)

5-6 Step forward on right, pivot ½ turn left on the balls of both feet, drag left foot across right toe

7&8 Left forward shuffle left, right, left

Faces 3:00

KICK BALL CROSS TWICE, ROCK AND RECOVER, STEP BEHIND, STEP TO SIDE, STEP FORWARD

Traveling to the right, kick right foot forward (low) step right next to left, cross left over right

Traveling to the right, kick right foot forward (low) step right next to left, cross left over right

5-6 Rock to the right side on the right and recover on left

7&8 Traveling to the left, step right behind left, step left to left side, step right slightly forward

Faces 3:00

HIPS BUMPS FORWARD ON DIAGONALS, ROCK AND RECOVER, LEFT COASTER STEP WITH A 1/4 TURN LEFT

Step forward on left foot diagonally bumping hips left, right and left Step forward on right foot diagonally bumping hips right, left, and right

5-6 Rock forward on left and recover

7&8 Left coaster step, with a ¼ turn left, (turn ¼ turn left on the 2nd step)

Faces 12:00

MAMBO STEP, LEFT COASTER STEP, ROCK AND RECOVER, ½ TURN RIGHT WITH A TRIPLE STEP

1&2 Step forward on right and recover on to left, step right next to left

3&4 Left coaster step, (back on left, step together with right, step forward on left)

5-6 Rock forward on to right, recover on to left

7&8 Turn ½ turn right with a triple step, right, left, right, weight on right

Faces 6:00

KICK BALL STEP, KICK BALL TOUCH, WALK BACK RIGHT AND LEFT, RIGHT COASTER STEP

1&2	Kick left foot forward (low) step left next to right, step right slightly forward, (weight on the right)
3&4	Kick left foot forward (low) step left next to right, touch right toe next to left instep, (weight on the left)
5-6	Two walks, walk backwards right and left
7&8	Right coaster step, (back on right, step together with left, step forward on right)

Faces 6:00

LOCK STEPS FORWARD ON DIAGONALS, ROCK AND RECOVER, THREE 1/4 TURN LEFT WITH A TRIPLE STEP

1&2 Step forward and cross left foot over right angling body diagonally, lock right behind left, step

forward on left

3&4 Step forward and cross right foot over left angling body diagonally, lock left behind right, step

forward on right

5-6 (Straighten up your bodyline) rock forward on left and recover 7&8 Turn three ½ turn left with a triple step, Weight ends on left

Faces 9:00

REPEAT

If you haven't got the shortened version of the track, unless you want to dance the full 7,37 seconds, fade the music somewhere after 3,50 facing the front wall