

# Thunder & Lightning

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Mike Cook (USA)

**Musique:** Lightning Does the Work - Chad Brock



## **SYNCOPATED HIP SWAY STRUTS (X 4)**

- 1&2 Step forward on right & sway hip forward, sway hip back, sway hip forward  
3&4 Step forward on left & sway hip forward, sway hip back, sway hip forward  
5&6 Repeat 1&2  
7&8 Repeat 3&4

**When swaying, bend knees and form ovals with hips**

## **REVERSE SYNCOPATED SKIP (BACKWARD SCOOT)**

- &9 Lift right knee and scoot back on left foot; step down onto right foot  
&10 Lift left knee and scoot back on right foot; step down onto left foot  
&11 Lift right knee and scoot back on left foot; step down onto right foot  
&12 Lift left knee and scoot back on right foot; step down onto left foot

## **RIGHT VINE ENDING WITH A LEFT TOUCH**

- 13-14 Step right to right side, step left behind right  
15-16 Step right to right side, touch left next to right

## **LEFT SIDE ROMPS & STOMPS**

- &17 Rock back on left, stomp right heel slightly forward  
&18 Step down on right, return and stomp left next to right  
&19 Repeat &17  
&20 Repeat &18

## **LEFT VINE WITH ¼ TURN LEFT ENDING WITH A RIGHT TOUCH**

- 21-22 Step left to left side, step right behind left  
23-24 Step ¼ turn left, touch right next to left

## **RIGHT SIDE ROMPS & STOMPS**

- &25 Rock back on right, stomp left heel slightly forward  
&26 Step down on left, return and stomp right next to left  
&27 Repeat &25  
&28 Repeat &26

## **SYNCOPATED JUMP, CLAP, COASTER STEP**

- &29-30 Jump forward on right foot, touch left next to right, clap  
31&32 Step back on left, step right next to left, step forward on left

**REPEAT**

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