Three Quarter Cha Cha



Compte: 40 Mur: 4 Niveau: Beginner social cha

Chorégraphe: Bill Bader (CAN)

Musique: Shine, Shine - Eddy Raven



ROCK FORWARD-BACK, SHUFFLE BACK, ROCK BACK-FORWARD, SHUFFLE FORWARD

Step left forward
Rock back onto right

3&4 Left-right-left shuffle back (left back, right beside, left back)

5 Step right back

6 Rock forward onto left

7&8 Right-left-right shuffle forward (right forward, left beside, right forward)

ON RIGHT DIAGONAL: CROSS-ROCK FORWARD-BACK ON DIAGONAL, SHUFFLE BACK STILL ON RIGHT DIAGONAL: ROCK BACK-FORWARD. SHUFFLE FORWARD

This entire section is done toward the forward/right (1:30) corner

9 Step left across the front of right forward toward 1:30 corner

10 Rock back onto right

11&12 Left-right-left shuffle back (left back, right beside, left back)

13 Step right back

14 Rock forward onto left

15&16 Right-left-right shuffle forward (right forward, left beside, right forward)

FACING RIGHT WALL: CROSS-ROCK FORWARD-BACK, SHUFFLE BACK, ROCK BACK-FORWARD, SHUFFLE FORWARD

17 Step left across the front of right forward toward 3:00 wall

18 Rock back onto right

19&20 Left-right-left shuffle back (left back, right beside, left back)

21 Step right back (upper body turns slightly right)

22 Rock forward onto left

23&24 Right-left-right shuffle forward (right forward, left beside, right forward)

FORWARD, QUARTER RIGHT, TRIPLE IN PLACE, FORWARD, QUARTER LEFT, TRIPLE IN PLACE, FORWARD, QUARTER RIGHT, TRIPLE IN PLACE

25 Step left toe/ball forward

26 Turn ¼ to the right shifting weight sideways onto right

27&28 Step left beside right, step right in place, step left in place (add hip action for styling.)

29 Step right toe/ball forward

Turn ¼ to the left shifting weight sideways onto left

31&32 Step right beside left, step left in place, step right in place (add hip action for styling.)

33 Step left toe/ball forward

Turn ¼ to the right shifting weight sideways onto right

35&36 Step left beside right, step right in place, step left in place (add hip action for styling.)

ROCK FORWARD-BACK, TRIPLE TURNING 3/4 TO RIGHT

37 Step right forward38 Rock back onto left

39&40 Triple in place turning ¾ right: step right back turned ¼ right, behind left heel, step left beside

right turned inward ¼ right (left toe points toward right instep), step right beside left turned outward ¼ right (right heel is beside left instep). The exact ¼ placements are not essential as

long as you step back to start and your 3-steps of this triple total a 3/4 turn. (3:00)