

Three Quarter Cha Cha

Compte: 40

Mur: 4

Niveau: Beginner social cha



Chorégraphe: Bill Bader (CAN)

Musique: Shine, Shine, Shine - Eddy Raven

ROCK FORWARD-BACK, SHUFFLE BACK, ROCK BACK-FORWARD, SHUFFLE FORWARD

- 1 Step left forward
- 2 Rock back onto right
- 3&4 Left-right-left shuffle back (left back, right beside, left back)
- 5 Step right back
- 6 Rock forward onto left
- 7&8 Right-left-right shuffle forward (right forward, left beside, right forward)

ON RIGHT DIAGONAL: CROSS-ROCK FORWARD-BACK ON DIAGONAL, SHUFFLE BACK STILL ON RIGHT DIAGONAL: ROCK BACK-FORWARD, SHUFFLE FORWARD

This entire section is done toward the forward/right (1:30) corner

- 9 Step left across the front of right forward toward 1:30 corner
- 10 Rock back onto right
- 11&12 Left-right-left shuffle back (left back, right beside, left back)
- 13 Step right back
- 14 Rock forward onto left
- 15&16 Right-left-right shuffle forward (right forward, left beside, right forward)

FACING RIGHT WALL: CROSS-ROCK FORWARD-BACK, SHUFFLE BACK, ROCK BACK-FORWARD, SHUFFLE FORWARD

- 17 Step left across the front of right forward toward 3:00 wall
- 18 Rock back onto right
- 19&20 Left-right-left shuffle back (left back, right beside, left back)
- 21 Step right back (upper body turns slightly right)
- 22 Rock forward onto left
- 23&24 Right-left-right shuffle forward (right forward, left beside, right forward)

FORWARD, QUARTER RIGHT, TRIPLE IN PLACE, FORWARD, QUARTER LEFT, TRIPLE IN PLACE, FORWARD, QUARTER RIGHT, TRIPLE IN PLACE

- 25 Step left toe/ball forward
- 26 Turn ¼ to the right shifting weight sideways onto right
- 27&28 Step left beside right, step right in place, step left in place (add hip action for styling.)
- 29 Step right toe/ball forward
- 30 Turn ¼ to the left shifting weight sideways onto left
- 31&32 Step right beside left, step left in place, step right in place (add hip action for styling.)
- 33 Step left toe/ball forward
- 34 Turn ¼ to the right shifting weight sideways onto right
- 35&36 Step left beside right, step right in place, step left in place (add hip action for styling.)

ROCK FORWARD-BACK, TRIPLE TURNING ¾ TO RIGHT

- 37 Step right forward
- 38 Rock back onto left
- 39&40 Triple in place turning ¾ right: step right back turned ¼ right, behind left heel, step left beside right turned inward ¼ right (left toe points toward right instep), step right beside left turned outward ¼ right (right heel is beside left instep). The exact ¼ placements are not essential as long as you step back to start and your 3-steps of this triple total a ¾ turn. (3:00)

REPEAT
