

This Is My Time

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Christian Sildatke (DE)

Musique: This Is My Time - Sasha



FORWARD & BACK JUMPS, KNEE BENDS

- & Right foot jump slightly forward
- 1 Left foot step slightly forward
- & Right foot jump slightly back
- 2 Left foot step next to right foot
- & Right foot jump slightly forward
- 3 Left foot step slightly forward
- & Bend knees
- 4 Straighten up
- 5 Right foot step right diagonally forward, roll right hip to right side
- 6 Left foot step left diagonally forward, roll left hip to left side
- 7 Right foot step back, roll right hip to right side
- 8 Left foot step back, roll left hip to left side

STEP, CROSS, TURN (2X)

- & Right foot step to the right side
- 9 Left foot cross behind right foot
- 10 $\frac{3}{4}$ turn left
- & Right foot step to the right side
- 11 Left foot cross behind right foot
- 12 Right foot $\frac{3}{4}$ turn left
- 13-16 Repeat counts 5-8

STEP, CROSS, HOLD, TURN, JUMPS, HOLD, KNEE ROLLS

- & Right foot step to the right side
- 17 Left foot cross behind right foot
- 18 Hold
- 19-20 $\frac{3}{4}$ turn left
- & Right foot jump slightly forward
- 21 Left foot jump slightly forward
- 22 Hold
- 23 Roll both knees in
- 24 Roll both knees out

WALKS, SHUFFLE, PIVOT TURN, SIDE SLIDE WITH $\frac{1}{4}$ TURN

- 25 Right foot step forward, roll right hips to right side
- 26 Left foot step forward, roll left hips to left side
- 27 Right foot step forward
- & Left foot step next to right foot
- 28 Right foot step forward
- 29 Left foot step forward
- 30 Right foot $\frac{1}{2}$ turn right
- 31 Left foot step forward with a $\frac{1}{4}$ turn right
- 32 Right foot drag right beside left foot

REPEAT

