

# Tender Heart

Compte: 56

Mur: 1

Niveau: Intermediate

Chorégraphe: Alison J. Austerberry (UK)

Musique: Tender Heart - Lionel Richie



## **CROSS ROCK, CHASSE RIGHT, CROSS $\frac{3}{4}$ UNWIND RIGHT, SHUFFLE FORWARD**

- 1-2 Cross rock right over left, rock back onto left  
3&4 Step right to right side, close left beside right, step right to right side  
5-6 Cross left over right, unwind  $\frac{3}{4}$  turn right  
7&8 Step forward left, close right beside left, step forward left

## **FORWARD ROCK, COASTER STEP, STEP $\frac{1}{2}$ PIVOT RIGHT TWICE**

- 9-10 Rock forward on right, rock back onto left  
11&12 Step back right, step left beside right, step forward right  
13-14 Step forward left, pivot  $\frac{1}{2}$  turn right  
15-16 Step forward left, pivot  $\frac{1}{2}$  turn right

## **CROSS ROCK, CHASSE LEFT, CROSS $\frac{3}{4}$ UNWIND LEFT, SHUFFLE FORWARD**

- 17-18 Cross rock left forward over right, rock back onto right  
19&20 Step left to left side, step right beside left, step left to left side  
21-22 Cross right over left, unwind  $\frac{3}{4}$  turn left  
23&24 Step forward right, close left beside right, step forward right

## **FORWARD ROCK, COASTER STEP, STEP $\frac{1}{2}$ PIVOT LEFT TWICE**

- 25-26 Rock forward on left, rock back onto right  
27&28 Step back left, step right beside left, step forward left  
29-30 Step forward right, pivot  $\frac{1}{2}$  turn left  
31-32 Step forward right, pivot  $\frac{1}{2}$  turn left

## **RIGHT & LEFT STEP SLIDES FORWARD**

- 33-34 Slide right slightly forward to right, slide left beside right (no weight)  
35-36 Slide left slightly forward to left, slide right beside left (no weight)  
37-38 Slide right slightly forward to right, slide left beside right (no weight)  
39-40 Slide left slightly forward to left, slide right beside left (no weight)

## **MAMBO ROCKS FORWARD & BACK, STEP $\frac{1}{2}$ PIVOT, RIGHT SHUFFLE**

- 41&42 Rock forward on right, rock back onto left, step back right  
43&44 Rock back on left, rock forward onto right, step forward left  
45-46 Step forward right, pivot  $\frac{1}{2}$  turn left  
47&48 Step forward right, close left beside right, step forward right

## **MAMBO ROCKS FORWARD & BACK, STEP $\frac{1}{2}$ PIVOT, LEFT SHUFFLE**

- 49&50 Rock forward on left, rock back onto right, step back left  
51&52 Rock back on right, rock forward onto left, step forward right  
53-54 Step forward left, pivot  $\frac{1}{2}$  turn right  
55&56 Step forward left, close right beside left, step forward left

## **REPEAT**