

Ten Years After

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: William Sevone (UK)

Musique: Rhythm of the Blues - Mary Chapin Carpenter



2X SLOW SAILOR STEP-ROCKS

- 1-2 Cross step left foot behind right, step right foot to right side
- 3 Step left foot in place
- &4 Rock onto right foot, rock onto left foot
- 5-6 Cross step right foot behind left, step left foot to left side
- 7 Step right foot in place
- &8 Rock onto left foot, rock onto right foot

¾ LEFT FORWARD STEP, CROSS ROCK, ROCK, ¾ RIGHT STEP, SIDE STEP, STEP BEHIND, SIDE STEP ½ LEFT, ROCKS

- 9-10 Turn ¾ left & step forward onto left foot, cross rock right foot over left
- 11-12 Rock onto left foot, turn ¾ right & step onto right foot
- 13-14 Step left foot to left side, cross step right foot behind left
- 15 Step left foot to left side & turn ½ left
- &16 Rock right foot to right side, rock onto left foot

CROSS STEP, SIDE TOE TOUCH, STEP FORWARD, FORWARD FULL TURN RIGHT, STEP FORWARD, ROCKS, FORWARD STEP LOCK

- 17-18 Cross step right foot over left, touch left toe to left side
- 19-20 Step forward onto left foot, forward full turn right & step forward onto right foot
- 21 Step forward onto left foot
- &22 Rock backward onto right foot, rock onto left foot
- 23-24 Step forward onto right foot, lock left foot behind right heel

STEP FORWARD, CROSS ROCK, ROCK, ½ LEFT STEP FORWARD, ¼ LEFT SIDE STEP, STEP BEHIND, SIDE STEP WITH ½ RIGHT, ROCKS

- 25-26 Step forward onto right foot, cross rock left foot over right
- 27-28 Rock onto right foot, turn ½ left & step forward onto left foot
- 29-30 Turn ¼ left & step right foot to right side, cross step left foot behind right
- 31 Step right foot to right side & turn ½ right
- &32 Rock left foot to left side, rock onto right foot

REPEAT

DANCE FINISH

On 11th wall (6:00) continue dance up to and including count 26 (12:00) then do the following

- 1 Step onto right foot
- 2 Step backward onto left foot (right toe raised) with right hand on hat brim