Talk To Me



Compte: 32 Mur: 2 Niveau: Intermediate

Chorégraphe: Johnny Alang (USA)

Musique: She Bangs - Ricky Martin



FORWARD & BACK HIP SHAKES (WITH OPTIONAL SHIMMIES)

Optional: while shaking hips & moving forward, extend both arms & shimmy shoulders		
1&2	Step left foot forward diagonally to left while shaking hips left-right-left	
3&4	Step right foot forward diagonally to right while shaking hips right-left-right	
5&8	Step left foot forward diagonally to left while shaking hips left-right-left	
7&8	Step right foot forward diagonally to right while shaking hips right-left-right	

ROCK-RECOVER-STEP & TAP TWICE (THESE ARE BASIC FORWARD & BACK SALSA STEPS)

1-4 Rock left foot forward, recover weight onto right foot, step left foot beside right foot, tap right

toe next to left foot

5-8 Rock right foot back, recover weight onto left foot, step right foot beside left foot, tap left toe

next to right foot

BACK-STEP, CROSS, BACK-STEP, ½ TURN RIGHT & FORWARD SHUFFLE, LEFT & RIGHT MAMBO

1&2	Step left foot back, cross right foot over left foot, step left foot back
3&4	On ball of left foot make ½ turn right and shuffle forward right, left, right
5&6	Rock left foot to left side, recover weight onto right foot, step left foot beside right foot
7&8	Rock right foot to right side, recover weight onto left foot, step right foot beside left foot
Use plenty of hip movement during counts 21-24	

LEFT & RIGHT SAILOR STEPS WITH FLICKS

1-4 Cross left foot behind right foot, step right foot to right side, step left foot to left side, flick/kick

right foot to right

5-8 Cross right foot behind left foot, step left foot to left side, step right foot to right side, flick/kick

left foot to left

REPEAT

TAGS

At the end of the first & second chorus, after completing counts 25-32

1-8 Step left foot down and roll hips to the right over 8 counts ending with weight on right foot (use this for both 8 count tags)

4 COUNT TAG

The instrumental section is followed by another verse (before the third chorus)

1-4 Roll hips to the right ending with weight on right foot