Take It Easy



Compte: 40 Mur: 0 Niveau:

Chorégraphe: Unknown

Musique: Take It Easy - Eagles



HEELS AND TOES

1-2 With weight on heels, swivel both toes to left side. With weight on toes, swivel both heels to

left side

3-4 With weight on heels, swivel both toes to left side. Kick right foot across front of left foot

5-6 Step right foot to right side. Step left foot next to right foot (weight on left)

7-8 Step right foot to right side. Stomp left foot next to right foot

KICK, BALL, CHANGE AND TURN

1&2 Kick right foot forward. Step ball of right foot next to left foot. Lift left foot up-down next to right

3-4 Step right foot forward. Touch left foot next to right foot

5-6 Step left foot to left side. Touch right foot next to left foot preparing to turn right

7-8 Step right foot ½ turn right. Touch left foot next to right foot

GRAPEVINE AND ROLLING GRAPEVINE

1-2 Step left foot to left side. Step right foot behind left foot (legs are crossed at knees)

Step left foot to left side. Touch right foot next to left foot
Step right foot to right side starting a full turn moving right
Step left foot across right foot continuing turn moving right

7-8 Step right foot across left foot finishing turn moving right. Touch left foot next to right foot

STEP TOUCHES

1-2	Step left foot to left side. Touch right foot next to left foot
3-4	Step right foot to right side. Step left foot next to right foot
5-6	Step right foot to right side. Touch left foot next to right foot

7-8 Step left foot to left side. Step (plant) right foot next to left foot (weight on right)

ROMP (VERY FAST FOOT WORK)

&1 Step left foot back. Tap right heel forward 45 degrees right

&2 Step right foot back to center. Step left foot to center (weight on left)

&3 Step right foot back. Tap left heel forward 45 degrees left

&4 Step left foot back to center. Step right foot back to center (weight on right)

5& Step left foot forward. Scuff right heel forward

6 Quickly stomp/click left heel on floor while right leg is in air from scuff

7-8 Stomp right foot down next to left foot. Stomp left foot down next to right foot

REPEAT