

Take It Back

Compte: 0

Mur: 0

Niveau:

Chorégraphe: Donna Aiken (USA)

Musique: Take It Back - Reba McEntire



SECTION 1

- 1-2 Walk forward right heel - drop toe
- 3-4 Walk forward left heel drop toe
- 5-8 Step right to side & rock right-left-right-left

SECTION 2

- 1-2 Step right over left - hold
- 3-4 Step left over right - hold
- 5 Step right back 45 degree angle (don't move left)
- 6 Shift weight to left
- 7-8 Step right over left - hold

SECTION 3

- 1 Step or lunge to left with/left (weight goes over foot)
- 2 ¼ pivot to right putting weight on right
- 3&4 Forward left - slide right - left
- 5 Step right forward
- 6 ½ pivot left putting weight on left
- 7&8 Forward right - slide left - right

SECTION 4

- 1 Left toe cross behind right
- & Rise to balls of both feet making ¼ turn to left
- 2 Weight to right foot
- 3 Kick left forward (small kick)
- & Weigh on ball of left and push
- 4 Step right forward
- 5-6 Walk forward left heel - drop toe
- 7 Kick right forward (small kick)
- & Weight on ball of right and push
- 8 Step left forward

SECTION 5

- 1 Touch right heel forward
- 2 Cross or hook right in front of left
- 3&4 Shuffle forward at angle (right-slide left-right)
- 5 Touch left heel forward
- 6 Cross or hook left in front of right
- 7&8 Shuffle forward at an angle (left-slide right- left)

SECTION 6

- 1-2 Kick right - step back right
- 3-4 Kick left - step back left
- 5-6 Kick right - step back right
- 7-8 Kick left - step back left

When danced to Reba's "Take It Back":

Dance above patterns 3 times

Dance first pattern 2 times

Dance above patterns 2 times

Dance first pattern 2 times

Dance above patterns 1 time

Dance first pattern 2 times and end with 1 step forward with/right
