

# Sylvia's Mambo

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Sylvia Schell (USA)

**Musique:** Melbourne Mambo - The Mavericks



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## **CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE**

- 1-2 Step right foot across left, recover on left
- 3&4 Cross right foot over left and shuffle (right, left, right)
- 5-6 Step forward on left, turn ½ turn to right (weight goes to right)
- 7&8 Left side shuffle (left, right, left)

## **CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE**

- 1-2 Step right foot across left, recover on left
- 3&4 Cross right foot over left and shuffle (right, left, right)
- 5-6 Step forward on left, turn ½ turn to right (weight goes to right)
- 7&8 Left side shuffle (left, right, left)

## **RIGHT CROSS SHUFFLE, LEFT CROSS SHUFFLE, RIGHT CROSS SHUFFLE LEFT CROSS SHUFFLE**

- 1&2 (Angle slightly left) right cross shuffle (right, left, right)
- 3&4 (Angle slightly right) left cross shuffle (left, right, left)
- 5&6 (Angle slightly left) right cross shuffle (right, left, right)
- 7&8 (Angle slightly right) left cross shuffle (left, right, left)

## **STEP, ½ PIVOT TURN, ROCK, RECOVER, BODY ROLL, ROCK, RECOVER**

- 1-2 Step forward on right, turn ½ turn left (weight goes to left)
- 3-4 Rock forward on right, recover on left
- 5-6 Rock forward on right starting body roll, recover on left completing body roll
- 7-8 Rock back on right, recover on left

**REPEAT**

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