

Sweet, Sassy And Single

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Tim Hand (USA) & Alice Daugherty (USA)

Musique: Sugar - Sammy Kershaw



LINDY BASIC

- 1&2 Shuffle to the left, left-right-left
- 3-4 Rock back on right, recover left
- 5&6 Shuffle to the right, right-left-right
- 7-8 Rock back on left, recover right

VINE WITH ¼ TURN LEFT, BRUSH RIGHT, ROCK STEP TWICE

- 1-2 Step to the left side with left foot, step right foot behind left
- 3-4 Step left foot to side making ¼ turn left, brush right foot
- 5-6 Rock forward right foot, recover left, -option body roll
- 7-8 Repeat 5-6

SHUFFLE FORWARD, STEP TURN, SHUFFLE FORWARD, STEP TURN

- 1&2 Shuffle forward right-left-right
- 3-4 Step forward on left pivot ½ turn to right switching weight to right
- 5&6 Shuffle forward left-right-left
- 7-8 Step forward on right pivot ½ turn to left switching weight to left

TURNING SHUFFLE, ROCK STEP, TURNING SHUFFLE, ROCK STEP

- 1&2 Shuffle forward making ½ turn to left right-left-right
- 3-4 Rock step back left, recover right
- 5-6 Shuffle forward making ½ turn right left-right-left
- 7&8 Rock step back on right recover on left

¼ TURN LEFT, VINE RIGHT, STEP TOUCH TWICE

- 1-2 Step right to side making ¼ turn left, step left behind right
- 3-4 Step right foot to side, step left foot slightly forward
- 5-6 Step right foot forward, touch left foot behind right

Styling: angle body to left

- 7-8 Step back left, touch right next to left

HIP LIFTS WITH ¼ RIGHT

- 1&2 Lift right hip to right and bump up (1&), bump hips to right take weight on right
- 3&4 Lift left hip to left and bump up (3&), bump hips to left take weight on left
- 5&6 Lift right hip to right making ¼ turn right and bump up, bump hips to right take weight on right

Styling: on count 5 only prep right foot ¼ turn

- 7&8 Lift hips to left, finishing ¼ turn right (7&), bump hips to left do not switch weight

REPEAT