## **Sweet Dreams**



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Chris Watson (AUS) - May 2005

Musique: Sweet Dreams My la Ex - Rachel Stevens



### Start With Weight on your Left.

### STEP KICK, BEHIND SIDE CROSS, STEP KICK BEHIND SIDE CROSS

1-2-3&4 Step right to right side kick left out to left, step left behind right, right to right side and left

across in front of right

5-6-7&8 Step right to right side kick left out to left, step left behind right, right to right side and left

across in front of right

### ROCK SIDE, CENTER, CROSS SHUFFLE, 1/4 TURN, 1/4 TURN, CROSS SHUFFLE

1-2-3&4 Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and

right over left

5-6-7&8 Step left foot to left side making a ¼ turn right, step right out to right side making a ¼ turn

right (making a ½ turn in total), cross shuffle left over right, right to right side and left to left

side

### ROCK SIDE, CENTER, CROSS SHUFFLE, 1/4 TURN, 1/2 TURN, SHUFFLE FORWARD

1-2-3&4 Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and

right over left

5-6-7&8 Step left foot to left side making a ¼ turn right, step right foot forward making a ½ turn right.

(now facing 3:00), shuffle forward right, left, right

# ROCK FORWARD, BACK, STEP BACK AND DRAG, BALL CHANGE AND STEP FORWARD RIGHT, WALK FORWARD LEFT, ½ PIVOT

1-2-3-4 Rock forward onto right foot and back onto left, step right foot back, dragging left together

&5-6-7-8 Ball change step left foot back and right foot forward, walk forward left, step right foot forward

½ turn pivot, taking weight onto left

### HEEL AND HEEL AND STEP TOUCH, HEEL AND HEEL AND STEP TOUCH

1&2&3-4 Right heel forward, bring right foot together and touch left heel forward, bring left foot

together and step forward on right, touch left together beside right

5&6&7-8 Right heel forward, bring right foot together and touch left heel forward, bring left foot

together and step forward on right, touch left together beside right

### ROCK FORWARD AND BACK, ½ TURN SHUFFLE, ¼ PIVOT AND CROSS HOLD

1-2-3&4 Rock forward onto right foot, back onto left foot, turning a ½ turn via your right on the 1st step

of a right shuffle forward moving towards 3:00

5-6-7-8 Step left foot forward doing a ¼ turn to right (facing back wall) take weight onto right step left

foot across in front of right and hold

### SIDE, BEHIND AND CROSS TOUCH, HIPS

1-2&3-4 Step right to right side, step left across behind right, step right to right side and left across in

front of right, touch right together

5-6-7-8 Step right to right side swinging hips right, left, right, right

### SIDE, BEHIND AND CROSS TOUCH, HIPS

1-2&3-4 Step left to left side, step right across behind left, step left to left side and right across in front

of left, touch left together

5-6-7-8 Step left to left side swinging hips left, right, left, left