

Sweet Dreams

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Liz Rosenblatt (USA)

Musique: Dream a Little Dream of Me - The Mamas & The Papas



When dancing to "Dream A Little Dream Of Me" by The Mamas & The Papas, after artist mentions Mama Cass, count 5,6,7,8 and begin dance

FORWARD TOUCH, SIDE TOUCH, COASTER STEP

- 1 Touch right foot forward
- 2 Touch right foot to right side
- 3&4 Step right foot back, step left foot back next to right, step right foot forward

SHUFFLE FORWARD, WALK FORWARD

- 5&6 Shuffle forward left, right, left
- 7-8 Walk forward right, left

CROSS STEP, SAILOR STEP

- 9 Cross right foot over left
- 10 Step left foot to left side
- 11&12 Cross right foot behind left, step left to left side, step right to right side

¼ TURN RIGHT, SHUFFLE LEFT, RIGHT, LEFT, ½ TURN

- 13&14 Turning ¼ turn to right, shuffle left, right, left
- 15 Step right foot forward
- 16 Turn ½ turn left, weight on left foot

FORWARD BUMPS, CENTER, BACK, CENTER, HIP BUMPS

- 17-18 Step right foot forward to right corner, bump hips
- 19-20 Replace weight on left, bump hips
- 21-22 Step right foot back to right corner, bump hips
- 23-24 Replace weight on left, bump hips

FORWARD, RECOVER, SHUFFLE ½ TURN

- 25-26 Step right foot forward, recover left foot back
- 27-28 Shuffle ½ turn right(right, left, right)

CROSS, UNWIND

- 29 Cross left foot over right
- 30-32 Heel bounces 3 times, turning ½ turn right

REPEAT
