

# Sweet Alabama

**COPPER KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Tracy Brown (UK)

**Musique:** Sweet Home Alabama - Lynyrd Skynyrd

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## **RIGHT TOE, HEEL, STOMP, LEFT TOE, HEEL STOMP, RIGHT MAMBO ROCK, ¾ TRIPLE TURN**

- 1&2 Touch right toe to left instep, touch right heel to left instep, stomp right forward  
3&4 Touch left toe to right instep, touch left heel to right instep, stomp left forward  
5&6 Rock right forward, rock left back into place, step right beside left  
7&8 ¾ triple turn left - stepping left, right, left

## **RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK ½ TRIPLE TURN LEFT**

- 9&10 Rock right to right side, rock onto left in place, cross right over left  
11&12 Rock left to left side, rock onto right in place, cross left over right  
13&14 Rock right to right side, rock onto left in place, cross right over left  
15&16 Rock left to left side, rock onto right in place pivoting ½ turn left on right, step left beside right

**Steps 9-14 done traveling forward**

## **RIGHT CROSS ROCK, LEFT CROSS ROCK RIGHT ROCK ½ TURN, LEFT ROCK ¼ TURN**

- 17&18 Cross rock right over left, rock onto left in place, step right beside left  
19&20 Cross rock left over right, rock onto right in place, step left beside right  
21&22 Rock right forward, rock onto left in place, pivot ½ turn right stepping onto right  
23&24 Rock left forward, rock onto right in place, pivot ¼ turn left stepping onto left

## **RIGHT CROSS ROCK, LEFT CROSS ROCK RIGHT ROCK ¼ TURN, STOMP LEFT, HOLD, DOUBLE CLAP**

- 25&26 Cross rock right over left, rock onto left in place, step right beside left  
27&28 Cross rock left over right, rock onto right in place, step left beside right  
29&30 Rock right forward, rock onto left in place, pivot ¼ turn right stepping onto right  
31&32 Stomp left forward, hold, double clap

**REPEAT**

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