

Sweet Alabama

COPPER KNOB
BY STEPHEN BRETZ

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Tracy Brown (UK)

Musique: Sweet Home Alabama - Lynyrd Skynyrd

RIGHT TOE, HEEL, STOMP, LEFT TOE, HEEL STOMP, RIGHT MAMBO ROCK, ¾ TRIPLE TURN

- 1&2 Touch right toe to left instep, touch right heel to left instep, stomp right forward
3&4 Touch left toe to right instep, touch left heel to right instep, stomp left forward
5&6 Rock right forward, rock left back into place, step right beside left
7&8 ¾ triple turn left - stepping left, right, left

RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK ½ TRIPLE TURN LEFT

- 9&10 Rock right to right side, rock onto left in place, cross right over left
11&12 Rock left to left side, rock onto right in place, cross left over right
13&14 Rock right to right side, rock onto left in place, cross right over left
15&16 Rock left to left side, rock onto right in place pivoting ½ turn left on right, step left beside right

Steps 9-14 done traveling forward

RIGHT CROSS ROCK, LEFT CROSS ROCK RIGHT ROCK ½ TURN, LEFT ROCK ¼ TURN

- 17&18 Cross rock right over left, rock onto left in place, step right beside left
19&20 Cross rock left over right, rock onto right in place, step left beside right
21&22 Rock right forward, rock onto left in place, pivot ½ turn right stepping onto right
23&24 Rock left forward, rock onto right in place, pivot ¼ turn left stepping onto left

RIGHT CROSS ROCK, LEFT CROSS ROCK RIGHT ROCK ¼ TURN, STOMP LEFT, HOLD, DOUBLE CLAP

- 25&26 Cross rock right over left, rock onto left in place, step right beside left
27&28 Cross rock left over right, rock onto right in place, step left beside right
29&30 Rock right forward, rock onto left in place, pivot ¼ turn right stepping onto right
31&32 Stomp left forward, hold, double clap

REPEAT
