

# Super Model

Compte: 0

Mur: 4

Niveau: Intermediate

Chorégraphe: Ivy Chan Siew Lin (SG)

Musique: Super Model - S.H.E



Sequence: AA, BB, AA, BB, Tag, BB, B- (16 count with ending)

This dance was placed 3rd placing for the Choreography Competition held in the DanceFuntasia Taipei 2006

## PART A

### WALK TWICE, ¼ TURN LEFT-HIP BUMP, ¼ TURN, ½ TURN, SWEEP-LEFT COASTER

- 1-2 Walk forward on right, walk forward on left  
3&4 Making ¼ turn left step right to right side, bump hips right-left-right (look over right shoulder on count 4)  
5-6 Turn ¼ left step forward on left, turn ½ left step back on right  
&7&8 Sweep left from front to back, step back on left, step right beside left, step forward on left (12:00)

### SIDE ROCK WITH ¼ TURN, FORWARD SHUFFLE, SWEEP ½ TURN, BACK ROCK-TOUCH

- 1-2 Rock right to right side, recover weight onto left making ¼ turn left  
3&4 Step forward on right, step left beside right, step forward on right  
5-6 Making ½ turn right, sweep left from back to front, touch left beside right

**Styling option: raise both hands up from side and across above head**

- 7&8 Rock back on left, recover weight on right, touch left beside right

**Styling option: both hands wipe a semi circle to the left on left side from top to back (3:00)**

### CROSS-POINT, CROSS-POINT, STEP ¾ TURN, SIDE SHUFFLE

- 1-2 Cross left over right, point right to right side

**Styling option: right arm bent & a clenched fist chest height & right elbow pointing out to right side, jab right elbow to right side**

- 3-4 Cross right over left, point left to left side

**Styling option: left arm bent & a clenched fist chest height & left elbow pointing out to left side, jab left elbow to left side**

- 5-6 Step forward on left, ¾ turn over right

- 7&8 Step left to left side, step right beside left, step left to left side (12:00)

### RIGHT SAILOR, LEFT SAILOR-POINT, SIDE BODY ROLL, CROSS-¼ TURN-¼ TURN

- 1&2 Step right behind left, step left to left side, step right to right side

- 3&4 Step left behind right, step right to right side, point left to left side

- 5-6 Side moving body roll to left

- 7&8 Cross left over right, turn ¼ left step back on right, turn ¼ left step left to left side (6:00)

## PART B

### SCUFF-HITCH-STEP, LEFT COASTER, FORWARD SHUFFLE, HITCH-POINT ¼ TURN (TWICE)

- 1&2 Scuff right forward, hitch right knee and left leg scoot slightly back, step back on right

- 3&4 Step back on left, step right beside left, step forward on left

- 5&6 Step forward on right, step left beside right, step forward on right

- &7&8 Hitch left knee, make ¼ turn right point left toe to left (repeat) (6:00)

### CROSS-STEP-HEEL-STEP, CROSS-STEP-HEEL-STEP, ½ PIVOT TURN, FORWARD SHUFFLE

- 1&2&3 Cross left over right, step right to right side, touch left heel diagonally forward left, step left back to place

- 3&4&5 Cross right over left, step left to left side, touch right heel diagonally forward right, step right back to place

5-6 Step forward on left, pivot ½ turn on right  
7&8 Step forward on left, step right beside left, step forward on left (12:00)

**BUMP HIPS RIGHT-LEFT, RIGHT-LEFT-HOOK, ¼ TURN-SHUFFLE, ½ PIVOT TURN**

1-2 Step right to right side, bump hips right-left

**Styling option: swing both hands out to side right-left**

3&4 Bump hips right-left-right, hook left behind right

**Styling option: swing both hands a full circle to the left from left and out to right side**

5&6 Turn ¼ left, step forward on left, step right beside left, step forward on left

7-8 Step forward on right, pivot ½ turn on left (3:00)

**STOMP RIGHT-LEFT, HEEL SWIVELS WITH ¼ TURN, STEP, ½ TURN SAILOR ¼ TURN**

1-2 Stomp forward & diagonal to right, stomp forward & diagonal to left (feet apart)

3&4 Swivel both heels to right-left-right with ¼ turn left, weight on right (lean slightly back)

5-6 Step forward on left, turn ½ left step back on right

7&8 Step left behind right, step right in place as you make ¼ turn left, step slightly forward on left (3:00)

**TAG**

**Facing front wall**

**CROSS UNWIND FULL TURN, 3 HOP WITH ¼ TURN LEFT**

1-2-3 Cross right over left, unwind full turn to left

&4& Hop 3 time on both feet making ¼ turn to left (9:00)

**Styling option: clenched right fist and punching right arm up**

**OPTIONAL OPENING**

**After 32 count intro**

**WALK FORWARD RIGHT-LEFT-RIGHT-LEFT, STEP-HOLD, STEP-HOLD**

1-2-3-4 Cat-walk forward on right-left-right-left

5-6-7-8 Step right to right side (no weight on left), hold, step left to left side (no weight on right), hold (12:00)

**TURN RIGHT WALK A SEMI CIRCLE TO THE RIGHT FULL TURN RIGHT, STEP-HOLD, STEP-HOLD**

1-2-3-4 Turn to right walk forward on right-left-right-left a semi circle to the right and end at front wall

5-6-7-8 Step right to right side (no weight on left), hold, step left to left side (no weight on right), hold (12:00)

**ENDING**

**Dance B- up to count 14, do the following step and finish the dance at front wall**

7-8 Step forward on left, unwind ¾ turn spiral right, weight on left, point right in front left, hold

**Raise both hands up to side & pose**

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