

Stronger Than Before

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Jeannie Woolman (USA)

Musique: I Am Who I Am - Lara Fabian



WALK, WALK, TAP, HOP, COASTER STEP, KICK, BALL, CHANGE

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Tap right toe behind left foot
- & Hop backward on left foot
- 4 Step right foot back
- 5 Step left foot back
- & Quickly step right foot next to left foot
- 6 Step left foot forward
- 7 Kick right foot forward
- & Quickly step right foot next to left foot
- 8 Step left foot next to right foot

WALK, WALK, TAP, HOP, COASTER STEP, TURN

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Tap right toe behind left foot
- & Hop backward on left foot
- 4 Step right foot back
- 5 Step left foot back
- & Quickly step right foot next to left foot
- 6 Step left foot forward
- 7 Step right foot forward
- 8 Turn ½ left (weight on left foot)

SYNCOPATED GRAPEVINE WITH CROSS STEP 2X

- 1 Step right foot to right side
- 2 Step left foot behind right foot
- & Quickly step right foot to right side
- 3 Step left foot to left side
- 4 Cross step right foot over left foot
- 5 Step left foot to left side
- 6 Step right foot behind left foot
- & Quickly step left foot to left side
- 7 Step right foot to right side
- 8 Cross step left foot over right foot

STEP FORWARD, BODY ROLL OR HIP BUMPS, ROCK, TURN, CHANGE OF WEIGHT

- 1-2 Step right foot forward with body roll or hip bumps
- 3 Rock step left foot forward
- 4 Recover onto right foot
- 5 Step left foot ½ turn left
- 6-7 Swing right foot around left foot (keeping weight on left foot) ½ left turn
- & Quickly step or stomp right foot next to left foot
- 8 Quickly step or stomp left foot next to right foot

REPEAT
